

**TERESA A. HUBKA, MS, DO, FACOOG (DIST), FACOG, CS**  
*Dual Board Certified in Obstetrics and Gynecology*

**Curriculum Vitae**



**Comprehensive Wellness Care, LLC**  
**Founder, and Medical Director**

**3152 North Lincoln Avenue, Chicago, IL 60657**

**Tel: (773) 549-8900 Fax: (773) 549-8511 Cell: (773) 860-0065**

**E-Mail: [tahubka@aol.com](mailto:tahubka@aol.com) or [Comprehensivewellnesscare@gmail.com](mailto:Comprehensivewellnesscare@gmail.com)**

---

**PROFESSIONAL PRACTICE**

**Comprehensive Wellness Care, LLC** - Private Practice, Chicago, IL

Jan 2011 - Present Owner, Founder, and Medical Director  
Obstetrics and Gynecology, Osteopathic Medicine, Fertility and Family Care, Behavioral Health, Nutrition and Fitness

**Comprehensive Wellness Care**

Oct 2007 - Dec 2010 Private Practice affiliated with Swedish Covenant Hospital, Chicago, IL  
Medical Director (Practice Affiliates in Obstetrics and Gynecology and Family Medicine)

**Comprehensive Women's Care**

Mar 2000 - Sep 2007 Private Practice, Chicago, IL  
Founder and Medical Director: Obstetrics and Gynecology Practice

**Mercy Medical in Lincoln Park...A Center for Women's Care**

Jun 1994 - Mar 2000 Joint Venture with Mercy Hospital and Medical Center, Chicago, IL  
Medical Director: Obstetrics and Gynecology

**HOSPITAL AFFILIATIONS & MEDICAL STAFF APPOINTMENTS**

**Ascension Health - Resurrection Medical Center, Chicago, IL** (Formerly AMITA Health)

2016 – Present Medical Staff Credentials Committee  
2016 – Present Department Ob/Gyn Quality Committee  
2016 – Present Perinatal Review Committee  
2012 – Present Advisor to Residents – career guidance (*reviews CVs, personal statements, and contract negotiations*)  
May 2012 -Nov 2015 **Program Director** - Obstetrics and Gynecology Residency Program  
**MWU/OPTI: Presence - Resurrection Healthcare Consortium** (Complete Term: 2004 – 2015) – Conducted the Ob/Gyn Residency Program in accordance with AOA (PTRC and PTRC-I) and ACGME requirements and maintained continuous full program accreditation each year. All trainees achieved AOA Board Certification  
2014 - 2015 Clinical Competency Committee, Development  
2012 - 2018 Presence Health - OB Collaborative Committee  
2012 – Present Clinical Faculty & Preceptor for Presence - RMC Family Medicine Residents (Now AMITA Health)  
2012 - 2015 Member, Department of Medical Education - GME Committee  
2012 – Present Attending Physician

**Ascension Health – Saints Mary and Elizabeth Medical Center Chicago, IL** (Formerly AMITA Health)

Jun 2020 – Present Attending Physician  
Clinical Faculty & Preceptor for AMITA - SMEMC: Family Medicine Residents

**Advocate Illinois Masonic Medical Center Chicago, IL**

Jun 2020 – Present      Attending Physician  
                                  Clinical Faculty for Ob/Gyn Residents

**Swedish Covenant Hospital Chicago, IL**

Sep 2007 – Dec 2020      Attending Physician  
 Sep 2007 - Sep 2009      Medical Director of Women's Health Strategic Planning  
 Sep 2007 - May 2012      Member, Department of Medical Education – GME Committee  
 Sep 2007 - May 2012      Program Director: MWU: Franciscan St. James Olympia Fields – Obstetrics and Gynecology Residency Program

**Vanguard University of Chicago Weiss Memorial Hospital, Chicago, IL**

Jun 1995 - Dec 2009      Senior Attending Physician  
 Jun 2004 - Sep 2007      Program Director MWU: St. James Olympia Fields – Obstetrics and Gynecology Residency Program

**Mercy Hospital and Medical Center, Chicago, IL**

1998 - 2018      Senior Attending Physician  
 1997 - 2003      Member at Large - Executive Medical Board  
 2001 - 2008      Chairperson - Professional Liability Insurance Reform Committee  
 1993 - 2008      Member -Department of OB/GYN Quality Assurance Committee  
 1994 - 2008      Director - Continuing Medical Education, Department of OB/GYN  
 1995 - 2008      Member – Guidelines Committee, Department of OB/GYN  
 1997 - 2008      Member - Committee of Pharmacy and Therapeutics  
 1995 - 2004      Assistant Program Director – Ob/Gyn Residency Program  
 1994 - 1997      Medical Director - Diagnostic and Treatment Center: OB/GYN Residents Clinic  
 1994 - 1998      Associate Attending Physician  
 1993 - 1994      Chief Administrative Resident - Department of OB/GYN  
 1993 - 1994      Member - Department of OB/GYN Resident Review Committee  
 1993 - 1994      Member -Department of OB/GYN Quality Assurance Committee  
 1993 - 1994      Member - Committee on Continuing Medical Education

**Resurrection Health Care - St. Josephs Hospital**

2000 - 2006      Senior Attending Physician  
 2002 - 2006      Legislative Ad Hoc Committee  
 2002 - 2006      HIPPA Committee  
 2001 - 2006      Professional Liability Insurance Reform Committee

**Merritt Lincoln Park Hospital, Chicago, IL**

1994 - 2005      Attending Physician

**St. Elizabeth Hospital, Chicago, IL**

2000 - 2002      Attending Physician  
 2000 - 2002      Consultant to St. Elizabeth's Midwifery practice

**Imperial Nursing Home, Chicago, IL**

1996 - 2002      Consultant, OB/GYN

**San Diego Sports Medicine Center, San Diego, CA**

1981 - 1985      Registered Dietitian - Private Practice (License remains current)

**UNIVERSITY AFFILIATIONS / ACADEMIC APPOINTMENTS & POSITIONS****Midwestern University – Chicago College of Osteopathic Medicine, Chicago, IL**

Mar 2020      Covid Pandemic Response: Designed and taught a two-week Foundations Course for Introduction to Ob/Gyn Clerkship  
 2015 – Present      Orientation and Simulation for the Ob/Gyn Clerkship and Electives in Ob/Gyn  
 2000 - Present      Advisor - Assist OMS-3 and OMS-4 in CV writing and Personal Statements for Application to Residency  
 Jun 2004 - Present      Department Chair & Clinical Professor - Department of Obstetrics & Gynecology  
 Jun 2005 - Present      Clinical Clerkship Director: Ob/Gyn 3<sup>rd</sup> year Core and 4<sup>th</sup>-year Electives  
 2000 – Present      Advisor to Student Osteopathic Ob/Gyn Associates (SOOGA)  
                                  • Bylaws development and revisions, participated in club meetings and activities.  
                                  • Directs the MEFACOOG Fundraising and Visiting Professor Program  
 2015 - Present      Member CCOM Wellness Committee  
 2015 – Present      Member Professionalism Committee  
 2013 - 2018      Member Curriculum Development Committee  
 Jun 2006 - Present      Member - Clinical Department Chair Committee  
 Jun 2006 - Present      Member - Clinical Promotions Committee  
 Jun 2009 - Present      Clinical Professor of Obstetrics and Gynecology  
 2005 - 2010      Member - OPTI Education Committee  
 2007 – 2008      Completion COSTIN Scholars Program  
 2004 - 2015      Program Director MWU OPTI Ob/Gyn Residency program (consistent throughout various hospital affiliations and program name changes)

Jun 2004 - May 2012 Program Director: MWU: Franciscan St. James Olympia Fields - Obstetrics & Gynecology Residency  
 2001 - 2006 Member - OPTI Governing Board of Directors  
 2000 - 2009 Associate Clinical Professor- Department of OB/Gyne  
 1997 - Present Clinical Faculty & Preceptor for Ob/Gyn Residents and Osteopathic Medical Students – (*now as Comprehensive Wellness Care, LLC*)  
 1992 - Present Preceptor – 3<sup>rd</sup> and 4<sup>th</sup>-year students in Obstetrics & Gynecology  
 1992 - Present Mentor - Pre-med Students interested in Osteopathic Medicine

#### **Des Moines University: Osteopathic Medical Center, Des Moines, IA.**

1996 - Present Associate Clinical Professor: Department of Obstetrics and Gynecology  
 1996 - Present Preceptor – 3<sup>rd</sup> year and elective Osteopathic Medical Students interested in Ob/Gyn  
 1996 - Present Member: National Alumni Association - Board of Directors  
 2004 – 2006 Alumni Association Representative to the DMU Governing Board  
 2003 - 2006 Immediate Past President / Past President: National Alumni Association - Board of Directors  
 2000 - 2003 President: National Alumni Association Board of Directors  
 2000 - Present Illinois Chapter Trustee: National Alumni Association Board of Directors  
 1999 - 2000 First Vice President: National Alumni Association Board of Directors  
 1998 - 1999 Second Vice President: National Alumni Association Board of Directors  
 1996 - 1998 Member at Large: National Alumni Association - Board of Directors  
 1987 - 1989 Advisor: Des Moines University - COM Student Council Executive Board  
 1985 - 1987 Student Representative: Des Moines University - Board of Directors  
 1985 - 1989 DMU Representative: AOA - Council of Student Council Presidents (CSCP)  
 1985 - 1987 President: Student Council, University of Osteopathic Medicine and Health Sciences (UOMHS) – COMS  
 1985 - 1986 1<sup>st</sup> year Class Representative: Student Council, University of Osteopathic Medicine and Health Sciences (UOMHS) – COMS

#### **Kansas City – College of Osteopathic Medicine**

2013 - Present Adjunct Clinical Faculty - Ob/Gyn

#### **Pikeville University – College of Osteopathic Medicine**

2015 - Present Adjunct Clinical Faculty - Ob/Gyn

#### **University of Illinois, Chicago, IL**

1996 - Present Associate Professor and Clinical Faculty: Department of Ob/Gyn  
 2019 - Present I PROMOTE-IL  
 • Chair - Maternal Health Data Subcommittee  
 • Chair – Maternal Clinical Case Reviews

### **BOARD CERTIFICATIONS / LICENSURE**

#### **American Osteopathic Board of Obstetrics and Gynecology (AOBOG) - Diplomat**

Oct. 1997 - Current Fellow – AOA Board Certified: Osteopathic Obstetricians and Gynecologist  
 Lifetime Certificate

#### **American Board of Obstetrics and Gynecology (ABOG) - Diplomat**

Dec 1998 Fellow - Board Certified in Obstetrics and Gynecology  
 Dec 2008 Recertification  
 Dec 2018 - Present Maintenance of Certification: 6-year renewal – a continuous process

#### **Medical License:**

Illinois 036.086740 (current)

### **EDUCATION AND TEACHING EXPERIENCE**

#### **Continuing Medical Education:**

2018 - Present **American College of Healthcare Executives**  
 General Member  
 Physician Executive Boot Camp (2007)  
  
 2017 - 2019 **ASPEN Institute:**  
 Spotlight Health 2017, 2018, 2019  
  
 2012 - Present **American Academy of Family Physicians (AAFP):**  
**Advanced Life Support in Obstetrics (ALSO):**  
 2016 - Present National Advisory faculty – (USA and India) Organizing, supervising faculty, and teaching ALSO Course  
 2013 - 2016 Course Director – Teaching clinical skills in Ob/Gyn to Ob/Gyn, Family Medicine, and Emergency Medicine Residents  
**Basic Life Support in Obstetrics (BLSO):**  
Advisory faculty and Course Director

### **Continuing Medical Education (Cont):**

2013 – 2015 **Midwestern University:**  
2007 – 2008 **Master Faculty Series Certificate**  
**COSTIN Scholar** - Costin Institute for Osteopathic Medical Educators  
• Core Project: *Integration and Application of Osteopathic Principles and Practice into Ob/Gyn Residency*  
Current Alumni - **COSTIN Scholar**

### **Post Doctorate / Fellowship(s):**

2013 – Present **Institute of Medicine, Chicago (IOM-C) - Fellow**  
2004 – Present **American College of Osteopathic Obstetricians and Gynecologists (ACOG) - Distinguished Fellow**

### **Residency:**

1990 – 1994 **Mercy Hospital and Medical Center, Chicago, IL**  
Residency in Obstetrics and Gynecology Chief Administrative Resident  
1993-1994 **Sub-Specialty Training**  
• Sexual Dysfunction - Loyola Medical Center, Maywood, IL - Dr. Renshaw  
• High-Risk OB/Perinatology - Loyola Medical Center, Maywood, IL- Dr. Giannopoulos and Dr. Tolmich  
• Gyn Reproductive & Endocrinology - Mercy Hospital and Medical Center, Chicago, IL - Dr. Balin  
• Gyn Oncology - Mercy Hospital and Medical Center, Chicago, IL - Dr. Javaheri  
• Gyn Urology - Rush-St. Luke Medical Center, Chicago, IL - Dr. Brubaker  
**Senior Research Project:**  
*Placental Anatomy - Structure and Function*

### **Internship:**

1989 - 1990 **Atlantic City Medical Center/Mainland Hospital, Atlantic City, NJ**  
Rotating Internship: General Surgery, Internal medicine, Emergency medicine, Family medicine, Pediatrics, Ob-Gyn, Neonatology, Reproductive Medicine and Endocrinology, Urology, Plastic Surgery, Radiology, and Pathology.

### **Post Graduate:**

1985 - 1989 **University of Osteopathic Medicine & Health Sciences, Des Moines, IA**  
Doctor of Osteopathic Medicine, (DO)

### **Graduate:**

1980 - 1982 **University of Bridgeport Connecticut, Bridgeport, CT**  
Master of Science, Biology, and Clinical Nutrition  
• Research Project: *Food Allergies and Celiac Disease*  
1979 - 1984 **Alvarado Hospital and Medical Center, San Diego, CA**  
1982 – 1984 Director - Department of Dietetics  
1979 – 1981 **Dietetic Internship** - Registered Dietitian (RD) -

### **Undergraduate:**

1976 - 1979 **University of California Davis (UCD), Davis, CA**  
Bachelor of Science, Biochemistry and Nutrition Science  
1975 - 1976 **University of California San Diego (UCSD), San Diego, CA**  
Biology/Chemistry

## **PROFESSIONAL ORGANIZATIONS / LEADERSHIP POSITIONS & ACTIVITIES**

### **American Osteopathic Association (AOA) - Board of Trustees:**

**2022 – 2023** AOA Pres. - Ernie Gelb, DO

**Advisor - Exec Committee AOA/BOT**

**Chair - Certifying Boards Services: Viability Workgroup**

Finance Department

Exec Committee Advisor: Finance Committee – Non-voting

*Presidential authority to participate in all Finance Department meetings*

Department of Education

Member - Bureau of Osteopathic Education

**2021 - 2022** AOA Pres. - Joe Giaimo, DO

**Advisor - Exec Committee AOA/BOT**

Member - Ethics Review and Board Appeals Committee

**Chair – International Affairs Workgroup - (Goals, Tactics, and Measures of Success)**

Finance Department

Exec Committee Advisor: Finance Committee – Non-voting

Member - Joint Board / House Budget Review Committee

Department of Education

Member – Bureau of Osteopathic Education (as Chair of BIOM)

Membership Department

Chair – Bureau of International Osteopathic Medicine (BIOM)

BIOM OMED Conference on *International Telemedicine in time of COVID*

Formed Subcommittee: Developed relationships between the Canadian Osteopathic Association & student groups (SOMA and COMSA)

**2020 -2021** AOA Pres. – Tom Ely, DO

**Member - Executive Committee AOA/BOT**

**Chair - Department of Government Affairs:** Oversight of the activities of the Bureau and two Councils that provide direction on state and federal legislation and regulatory actions and osteopathic advocacy efforts.

Bureau of Federal Health Programs (BFHP)

Council on State Health Affairs (CSHA)

Council on Economic and Regulatory Affairs (CERA)

Co-Chair - HOD Advocacy and Membership Work Group

AOA Representative to ACOG: Women's Preventative Services Initiative (WPSI) – Multidisciplinary Steering Committee

- Developed Opinion Statements on: 1. *Anxiety & Depression*, 2. *Addressing Obesity in Women*, and 3. *Diabetes screening in Pregnancy, Postpartum and Non-Pregnant* – each supported by Health Resources & Services Administration (HRSA)

BOT Member - Strategic Planning Committee

Department of Business Affairs

Member - Finance Committee

Vice Chair - Joint Board / House Budget Review Committee

Department of Research and Development

Member - AT Still Foundation and Research Institute

**2019 - 2020** AOA Pres. – Ron Burns, DO

**Member - Executive Committee AOA/BOT**

**Chair - Department of Affiliate Relations:** Oversight of communications and relations to all independent and managed Affiliates of the AOA (to include support for COVID-related needs)

Chair - Search Committee for JOA Editor in Chief

Chair - Regional Osteopathic Medical Education (ROME) Conferences

Member - Bureau of International Osteopathic Medicine

Member - Committee on Basic Documents and Operations of Affiliate Organizations

Department of Business Affairs

Member - Finance Committee

Vice Chair - Committee on AOA Governance and Organizational Structure (CAGOS)

Chair – CAGOS Constitution and Bylaws Subcommittee

Department of Research and Development

Member - AT Still Foundation and Research Institute

**2018 - 2019** AOA Pres. – Bill Mayo, DO

**Member - Executive Committee AOA/BOT**

**Chair - Department of Research and Development:** Oversight of all AOA Research and Quality Improvement activities including managing clinical and bio-medical grants, and fellowship programs and assisting with annual research conference and poster competition. Representative to national and government agencies on the osteopathic physician's perspective regarding national standards for healthcare performance data pertaining to safety, patient-centered care, and efficiency of care.

Member - AT Still Foundation and Research Institute

Bureau of Scientific Affairs & Public Health

Bureau of Osteopathic Clinical Education & Research

AOA Representative - Brain Health Task Force

AOA Representative - Sleep Disorders Task Force

Department of Business Affairs

Member - Finance Committee

Member - Committee on AOA Governance and Organizational Structure (CAGOS)

Department of Professional Affairs:

Member - Committee on Awards

Department of Education

Member - AOA Certifying Board Services Task Force

**2017 - 2018** AOA Pres. - Mark Baker, DO

**Member - Executive Committee: AOA/BOT**

**Chair - Department of Education:** Oversight of the AOA Bureaus/Councils/Committees to include: Undergraduate, Postgraduate and Continuing Medical Education (COCA, COPT, PTRC, PTRC-I, BOS)

Member - AOA Certifying Board Services Task Force

Member - College Accreditation Standards Task Force

Chair - Standards Review Coalition

Chair - Council on Osteopathic Undergraduate Medical Education

Department of Business Affairs

Member - Finance Committee

Member - Committee on AOA Governance and Organizational Structure (CAGOS)

Department of Research and Development

Member - AT Still Foundation and Research Institute

Department of Professional Affairs

Vice Chair - Committee on Awards

Department of Affiliate Relations

Member - Committee on Basic Documents and Operations of Affiliated Organizations

**2016 - 2017** AOA Pres- Boyd Buser, DO

BOT Member - Board of Appeals Committee

AOA Representative to *Women's Preventative Services Initiative (WPSI)* – Multidisciplinary Steering Committee

Committee Developed - *The Well Women* chart supported by Health Resources & Services Administration (HRSA)

Department of Business Affairs

Vice Chair - Committee on AOA Governance and Organizational Structure (CAGOS)

Chair - Constitution and Bylaws Subcommittee

Department of Affiliate Relations

Vice Chair - Committee on Basic Documents and Operations of Affiliate Organizations

Department of Research and Development

Member - AT Still Foundation and Research Institute Member

Department of Professional Affairs

Vice Chair - Committee on Awards

**2015 - 2016** AOA Pres. – John Becher, DO

BOT Member – Board of Appeals Committee

BOT Member – Specialty Standards Committee (SSC)

Department of Business Affairs

Member - Committee on AOA Governance and Organizational Structure (CAGOS)

Department of Affiliate Relations

Member- Committee of Basic Documents and Operations of Affiliate Organizations

Department of Research and Development

Member - AT Still Foundation and Research Institute

Department of Education Affairs

Chair – Standards Review Coalition of Commission on Osteopathic College Accreditation

Member – College Accreditation Standards Taskforce

**2014 - 2015** AOA Pres. – Robert Juhasz, DO

**Member - Executive Committee: AOA/BOT**

**Chair – Department of Professional Affairs:** Oversight of the AOA Bureaus/Councils/Committee to include: Communication, Membership, Ethics, Awards, Interns/Residents, New Physicians in Practice and Student Affairs, Affiliates and Advocates Liaison to Bureau of Emerging Leaders.

Adopt a Campus: DMU

Chair – Committee on Awards

BOT Member – Mentor of the Year Subcommittee

BOT Member - Board Appeals Committee

Department of Business Affairs

Member - Finance Committee

Department of Education Affairs

Vice Chair – Standards Review Coalition

Vice Chair - Dale Dodson Education Fund Committee

Department of Research, Quality and Public Health

Member - AT Still Foundation and Research Institute

**2013 - 2014** AOA Pres. – NormVinn, DO

**Elected to the Board of Trustees**

Adopt a Campus: DMU, PNWU - COM

Department of Business Affairs

Vice Chair – Constitution and Bylaws Subcommittee (CAGOS)

Member - Committee on AOA Governance and Organizational Structure (CAGOS)

Department of Educational Affairs

Member - Dale Dodson Educational Fund Committee

Department of Professional Affairs

Bureau of Membership – Member at Large - ABMS Boarded

Department of Research, Quality and Public Health and Development

Member at Large - Council on Women, Men, and LGBTQ Health Issues

Member - AT Still Foundation and Research Institute

**American Osteopathic Association (AOA) – Member**

2012 – 2015 Member at Large - Council on Women's Health Issues - transitioned to Women, Men, and LGBTQ Health Issues

1994 - 2012 Chair - Council on Women's Health Issues

2009 - 2011 Member - Committee on Rules and Orders of the HOD

2009 - 2011 Member - Bureau of Membership

2009 - 2011 Affiliate member of the AOA Committee on Strategic Planning

2005 – Present Mentor - Hall of Fame

2004 - 2007 Chair - Committee on Constitution and Bylaws of the HOD

2007 - 2011 Member - Bureau of State and Government Affairs

2004 - 2012 Member of the Corporate Advisory Council

2002 - 2010	Chair - Council of Women's Health Initiatives
2010 - 2015	Member - Council of Women's Health Initiatives
2004 - 2008	Advisor - Council of Young Physicians (Renamed Council of New Physicians in Practice in 2007)
2003 - 2004	Chairperson - Young Physician's Committee
2003 - 2006	Member - Committee on Membership
2003 - 2005	Committee on Rules and Order of Business HOD
2001 - 2003	Member - Young Physician Committee
1999 - Present	Member - Media Spokesperson Network
1990 - Present	Illinois Delegate - AOA House of Delegates (Chair 2000 - Present)
1992 - 1993	<b>President</b> - American Association of Osteopathic Postgraduate Physicians (AAOPP)
1989 - 1994	Founding Member - American Association of Osteopathic Postgraduate Physicians (AAOPP)
1993 - 1995	Member - Osteopathic Graduate Medical Education (OGME) Task Force
1993 - 1995	Member - Education and Policy Review Committee (EPRC) 1 and 2
1993 - 1994	Resident Member - Committee on Membership
1993 - 1994	Resident Representative - Association of Osteopathic State Executive Directors (AOSED)
1986 - 1993	Member - Committee on Post Graduate Training (COPT)
1985 - 1989	Student Delegate - AOA House of Delegates (Iowa Osteopathic Medical Association (IOMA)
1985 - 1989	Student Member AOA - UOMHS (Now: <i>Des Moines University - COM</i> )

#### **AOIA - Osteopathic Political Action Committee (OPAC)**

2022	Member - OPAC Board of Directors
2007 - 2010	Member at Large - OPAC Board of Directors
2006	Member - AOIA
2005	Member at Large - OPAC Board of Directors
1998 - Present	Donor

#### **American Osteopathic Foundation (AOF)**

2020 - Present	Co-Chair - Committee on Hospital-Systems Recognition Program
2012 - Current	Member - Committee on Grants and Awards
2010 - 2011	Immediate Past President
2009 - 2010	<b>President</b>
2002 - Present	Donor
2005 - 06 & 2008	Vice President
2008	Partnership with <i>DO Care</i> - <b>Mission Trip to Guatemala</b>
2007	AOF - Heart to Heart Initiative: <b><i>Global Health for China</i></b> . Academic trip to China Medical Education Training Centers and Hospitals
2004 - 2012	Member - Corporate Advisory Council
2004 - 2008	Chair - Events Committee
2003 - 2011	Member - Board of Directors
2002 - 2003	Member - Proctor and Gamble <i>Women's Health Initiative Award Committee</i>

#### **American College of Osteopathic Obstetricians and Gynecologists (ACOOG)**

2022	Mentor of the Year
2018 - 2019	Visiting Professor Program - Yakima, Washington <ul style="list-style-type: none"> <li>Utilization of OMM in Ob/Gyn</li> <li>Obtaining an Ob/Gyn Residency</li> <li>Postpartum Hemorrhage Prevention</li> </ul>
2016 - 2018	Advisor - Council of Osteopathic Postgraduates
2013 - 2016	Advisor - Ad Hoc Committee for Resident's Council
2012 - 2013	Chair and Founder - Ad Hoc Committee for Resident's Council
2013 - 2014	Chair - Presidential Task Force for Ad Hoc Committee on Residents and Postgraduates
2013 - 2015	Liaison - Committee to the American Osteopathic Board of Obstetrics and Gynecology
2014 - 2016	Ad Hoc Legacy Society
2009 - 2014	Member - Strategic Planning ( <u>Chair</u> 2012 - 2013)
2012 - 2013	Immediate Past President
2011 - 2012	<b>President</b>
2010 - 2011	President-Elect
2009 - 2010	Vice President
2009 - 2013	Member - Executive Committee
2009 - 2013	Member - Finance Committee
2009 - 2013	Member - Nominating Committee ( <u>Chair</u> 2013)
2010 - 2011	Co-Chair of the Annual and Midyear CME conferences
2006 - 2012	Residency Program Site Inspector/Evaluator
2000 - 2008	Representative to AOA Bureau on Federal Health Programs
2004 - 2008	Chair - Committee on Government Relations
2000 - 2003	Co-Chair - Presidential Task Force on Government Affairs (with Ron Librizzi)
2005 - Current	Member - OMM Curriculum Committee
2004 - 2010	Member/Speaker - Visiting Professor Program
2004 - 2005	Chair - Membership and Promotions Committee
2003 - 2014	Trustee - Board of Trustees

2001 - 2004	Member - Bylaws Committee
2004 - Current	Distinguished Fellow
1996	Senior Fellow / Diplomat
1990	Junior Fellow

#### **American Osteopathic Board of Obstetrics & Gynecology (AOBOG)**

2015 - Present	Oral Board Examiner
2015 - Present	Written Boards Item Writer

#### **Medical Education Foundation of ACOOG (MEFACOOG)**

2010 - Present	Donor
2015 - 2016	Trustee & Vice Chair - MEFACOOG Board (completed unexpired term of past Vice Chair - M. Geria)
2014 - 2015	<b>Chair</b> - MEFACOOG Board
2013 - 2014	Vice Chair - MEFACOOG Board
2012 - 2016	Trustee - MEFACOOG Board

#### **American College and Congress of Obstetricians and Gynecologists (ACOG)**

2018 – Present	<b><i>Women's Preventive Services Initiative (WPSI) – Multidisciplinary Steering Committee</i></b> (Reaffirmed 2022 by AOA) HRSA approved: <ul style="list-style-type: none"> <li>▪ Committee opinion on Anxiety and Depression</li> <li>▪ Committee opinion on Obesity</li> <li>▪ Committee opinion on Menopause</li> <li>▪ Improving Healthcare for Pregnant and Postpartum Women</li> <li>▪ Committee opinion on Diabetes Mellitus after Pregnancy</li> <li>▪ Well Women Preventive Visits – Screening Recommendations</li> </ul>
2010 - Present	Member - ACOG Obstetrics & Gynecology Women's Health PAC
2008 - Present	Member - Association of Professors in Gynecology and Obstetrics (APGO) Contributing Author - Educational Objectives 10 <sup>th</sup> Edition - Chapter 10
2008 - Present	Member - Congressional Leadership Council – Washington DC
2005 - Present	Member - Council on Resident Educators in Ob/Gyne (CREOG)
2002 - 2004	Representative - Legislative Committee
1998 - Present	Senior Fellow / Diplomat
1990 - 1997	Junior Fellow

#### **Council of Resident Educators in Obstetrics and Gynecology – CREOG**

Mar 2022	ACOOG Program Directors Retreat – Planned Presentation: VMS
Mar 2019	ACOOG Program Directors Retreat – Presenter
Mar 2018	ACOOG Program Directors Retreat – Presenter
Mar 2017	ACOOG Program Directors Retreat – Presenter
Apr 2016	ACOOG Program Directors Retreat – Presenter
Mar 2015	ACOOG Program Directors Retreat – Presenter
Mar 2013	ACOOG Program Directors Retreat – Presenter
Apr 2012	ACOOG Program Directors Retreat – Presenter
2005 - Current	Member
2004 - 2005	Program Directors School

#### **Association of Professors in Gynecology and Obstetrics - APGO**

Apr 2015	Contributing Author to <i>New Osteopathic Chapter</i> in the 10 <sup>th</sup> Edition - APGO Medical Students Objectives
Jan 2013	APGO Clerkship Director's School 101, 201
2000 - Present	Institutional Member – Midwestern University Department of Ob/Gyn

#### **Institute of Medicine – Chicago**

2018 - 2021	Management and Implementation Committee <ul style="list-style-type: none"> <li>▪ <i>Focus on Wellbeing Together: Investing in a Metropolitan Chicago Community Trust</i></li> </ul>
2014 - 2016	Member, Centennial Grant Fund Committee
2013 - Present	Fellow

#### **American Academy of Osteopathy (AAO)**

1990 - 2015	Member
-------------	--------

#### **Association of American Colleges of Osteopathic Medicine (AACOM)**

##### **Council of Student Council Presidents (CSCP)**

1988 - 1989	Parliamentarian
1987 - 1988	Executive Board - Secretary/Treasurer
1985 - 1987	UOMHS - COMS: Student Council President/Representative

#### **American Association of Colleges of Osteopathic Medicine (AACOM)**

##### **Assembly of Osteopathic Graduate Medical Educators (AOGME)**

2018 - Present	Member
----------------	--------



**American College of Physician Executives (ACPE)**

1999 - 2010 Member  
 1999 Speaker - Physicians in Management Seminar

**American Medical Women's Association (AMWA)**

2013 - 2014 AOA Representative and Panelist at Centennial Celebration Chicago, Illinois  
 2010 - 2011 Nominee for *Physician of the Year*  
 1987 - 1989 National Legislative Committee  
 1986 - 1988 Student Representative - House of Delegates

**National Board of Osteopathic Medical Examiners (NBOME)**

2018 - Present Ob/Gyn item writer - COMAT  
 2018 - Present Ob/ Gyn Subject item reviewer - COMAT  
 2017 - Present Member - COMVEX committee  
 1997 - 2007 Item Writer - Level 3 COMLEX

**Illinois Osteopathic – Political Action Committee IO-PAC** (previously known as SCOPE)

2002 - Present Treasurer/Secretary  
 2001 – 2002 Chair

**Illinois Osteopathic Medical Society (IOMS)**

2000 - Present Chair - Illinois Delegation to AOA HOD  
 2017 - 2020 Member - Legislative Committee  
 2017 - 2020 Member - Education Committee  
 • Developed Virtual CME program on “*Updates and Perspectives on Covid – 19 in Illinois*”  
 2001 - Present Member - Past President’s Council  
 2002 - 2006 Chair - Ethics Committee  
 2001 - 2005 Chair - Membership Committee  
 2004 - 2014 Member - Women’s Health Committee  
 2001 - 2002 Immediate Past President  
 2000 - 2001 **President**  
 1999 - 2000 President-elect  
 1996 - 2003 Vice Chairperson - Illinois Osteopathic Educational Foundation  
 1994 - 2006 Trustee - Board of Trustees  
 1992 - 1994 Resident Representative  
 1990 - Present Illinois Delegate to the AOA House of Delegates - Delegation Chair (2000 to present)

**Illinois Section of ACOG (IS-ACOG)**

2012 - Present Advisory Committee  
 2011 - 2012 Program Chair - Fall Conference - Chicago, IL

**Iowa Osteopathic Medical Association (IOMA)**

2013 - 2014 Keynote Speaker - Byron Laycock, DO Memorial  
 1986 - 1987 Student Representative - Board of Directors

**Federation of State Medical Boards (FSMB)**

2021 FSMB HOD - observer  
 2018 - 2020 Professional Boundary Violation Task Force member (*AOA representative*)

**Osteopathic Physicians and Surgeons of California (OPSC)**

2010 - 2012 Speaker - OPSC Convention Women’s Health Topics  
 1989 - 1990 Intern Member  
 1985 - 1989 Student Member

**PROFESSIONAL ACHIEVEMENTS / AWARDS**

December 2021 Castle Connolly Top Doctor Obstetrics & Gynecology (15 years) - Chicago, IL  
 2019 - 2020 ACOG - *Educator of the Year Award*  
 2016 - 2017 AOA - *Guardian of the Profession*  
 2015 - 2016 Medical Education Foundation of the American College of Osteopathic Obstetricians and Gynecologists (MEFACOG) - *Commendation for Meritorious Service*  
 2014 - 2015 ACOOG - *Distinguished Service Award*  
 2011 - 2012 *Distinguished Service to Osteopathic Profession Award*  
 2021 Featured in Chicago’s Magazine “Top Doctor” 2010, 2012, 2013, 2014, 2016, 2017, 2018, 2019, 2020, 2021  
 2010 - 2011 AOA Mentor of the year - *ACOOG Nominee*  
 2010 - 2011 Outstanding Achievement Award - MWU – CCOM Alumni Association  
 2009 - 2010 AOA Mentor of the year - ACOOG Nominee  
 2006, 2008 AOA Mentor of the Year – AOA nominee  
 2004 - 2010 Who’s Who in America’s Top Doctors (Chicago, Illinois)

2003 - 2004	Physician of the Year - Chicago Police Academy
2001 - 2002	Physician of the Year Award - IOMS
2000 - 2001	Outstanding Service Award - IOMS
1999 - 2000	Distinguished Service Award - IOMS
2000 - 2001	Distinguished Alumnus of the Year Award - DMU COMS National Alumni Association
1999 - 2000	Distinguished Service Award - DMU COMS National Alumni Association
1999 - 2000	Life Member of the National Registry of Who's Who
1993 - 1994	Department OB/GYN Administrative Leadership Award - Mercy Hospital and Medical Center
1992 - 1994	AOF - Burroughs Wellcome - Resident Leadership Award
1988 - 1989	AOA Outstanding Service and Leadership Award
1988 - 1989	Stephen Bufton Memorial Education Fund
1988 - 1989	UOMHS National Alumni Assn. Student Leadership and Service Award
1987 - 1989	American Business Women's Assn. Scholarship (Local and State Recipient)
1986 - 1989	AACOM – Council of Student Council Presidents (CSCP) Leadership Recognition Award
1986 - 1988	UOMHS Student Council Award for Outstanding Service
1985 - 1986	Merck Sharp & Dohme SOMA Scholarship for Community Health Service
1985 - 1986	Outstanding Young Women of America Award
1984 – 1985	American Dietetic Association - Recognized Young Dietitian of the Year

## **RESEARCH AND LECTURES PRESENTED**

### **Research projects (current):**

#### **Pregnancy outcomes and vaccine effectiveness during the period of Omicron as the variant of concern: the INTERCOVID-2022 multinational study** (currently ongoing)

Principal Investigator - Ascension Resurrection Medical Center, Chicago, IL

#### **Uncovering Gaps in Management of Vasomotor Symptoms** – Hubka, T; Koh, D; Crim, A; Kim, J

Principal Investigator/Advisor of Resident and Student Research

Presented at Kenneth Suarez Research Symposium 2021

Presenting at OMED (ACOG Annual Meeting) – Boston, MA October 2022

#### **Improving Medical Student Knowledge in Obstetrics and Gynecology Clerkship Rotations** - Hubka, T; Nguyen, N;

Hernandez, F; Roberts, R; Patel, J

Principal Investigator/Advisor of Resident Research:

Presented at Kenneth Suarez Research Symposium 2020

#### **The Effects of Diversity on Resident and Medical Student Wellness** - Hubka, T; Hockensmith, K

Principal Investigator/Advisor of Student Research:

Presented at Kenneth Suarez Research Symposium 2020 – 2021

Submission to APGO Research Forum - Abstract 2020 - 2021

#### **Unresolved Ectopic Pregnancy with Abdominal Implants: A Case Report**

Tara Davis, DO, Angelica Lorenzo, OMS-4, Teresa Hubka, DO

Submission to APGO Research Forum - Abstract 2015 – 2016

#### **A Review of the Etiology, Pathogenesis, Diagnosis and Treatment of Pelvic Inflammatory Disease** – Lenkeit, Bandla, Hubka, Collaboration among MWU – Chicago College of Osteopathic Medicine - Department of Ob/Gyn, Department of Microbiology and Immunology, Basic Science Division.

#### **Impact of Vancomycin use in pregnant rats and its effects on the pups**

#### **Elucidation of fetal and maternal vancomycin-induced kidney injury using a pregnant rat model**

Collaboration with MWU Chicago College of Pharmacy (CCP) – Chang, Hlukhenka, Pais, Zhang, Lamar, Avedissian, Gulati, Prozialeck, Scheetz, Hubka, Griffin and Joshi

#### **OMM in optimizing the pre and post-op patient**

Collaboration with OMM Fellow at MWU - CCOM

#### **Integrating the teaching of Osteopathic Principles and Treatments in Ob/Gyn residency training and practice**

COSTIN Scholar Program Research Project

### **MWU/OPTI: Department of Ob/Gyn: Advisor and Reviewer of Senior resident research projects**

2011 - 2012 *“Assessing the Need for Cord Blood Donation Kits in the Labor and Delivery Unit”*

Swedish Covenant Hospital, Chicago, IL– Dr. Anne Merrick

2010 - 2011 *“Does Lubricant Jelly Interfere with ROM Determination?”*

Swedish Covenant Hospital, Chicago, IL– Dr. Brad Logston

2004 - 2006      ***“Pregnancy Outcomes utilizing OMM in various trimesters of pregnancy”***  
CWC / Midwestern University Dept OMM (Advisor to J. Lavalle OMM Fellow)

**Hubka - Personal Study Projects:**

1992 - 1994      ***“Vaginal Birth After Cesarean Section (VBAC) Scoring System: Effectiveness in Identifying Success Rates”***  
Mercy Hospital and Medical Center, Chicago, IL - Hubka

1983 - 1984      ***“Nutritional Management of Pre-Menstrual Syndrome”***  
PMS Clinic, San Diego, CA - Hubka

1982 - 1984      ***“Identification and Treatment of Eating Disorders”***  
Alvarado Hospital Rehabilitation Institute, San Diego, CA - Hubka

**Guest Lectures:**

2019      New York Society of Osteopathic Medicine (NYSOM)  
AOA Updates & Inauguration of Incoming NYSOM President and BOT

Dec 2018      Illinois Osteopathic Medical Society - AOA Update

2018      American College of Osteopathic Emergency Physicians (ACOEP) - Board Review Course  
*Emergency Disorders in Obstetrics & Gynecology*

2010, 2016 - 2018      American College of Osteopathic Emergency Physicians (ACOEP) – Annual Meeting  
*Abnormal Uterine Bleeding*  
*Double Trouble: Obstetrical Emergencies in the First Trimester*  
*Menorrhagia: A Dilemma for the Emergency Clinician*

Oct 2017      American Osteopathic Academy of Orthopedics (AOAO)  
AOA Strategic Plan Update and Affinity Program on behalf of Immediate Past President Norm Vinn

Apr 2018      New York State Osteopathic Medical Society (NYSOMS)  
AOA strategic Update on behalf of President Mark Baker, DO

2016 – 2018      AOA Updates on Single Accreditation System and the New GME and Osteopathic Continuous Certification on behalf of  
AOA President Boyd Buser and President-elect Mark Baker to:  
American Osteopathic Anesthesiology Association (AOAA)  
West Virginia Osteopathic Medical Society (WVOMS),  
Minnesota Osteopathic Medical Association (MOMA)  
CREOG/APGO Annual Conference (2017 & 2018)

Mar 2017      ACOOG 84<sup>th</sup> Annual Conference  
AOA Strategic Update on behalf of AOA President Boyd Buser, DO

Apr 2016      ACOOG 83<sup>rd</sup> Annual Conference  
AOA Presidential Welcome Address on behalf of Boyd Buser, DO - AOA President-elect

Mar 2016      CREOG/APGO Annual Conference – New Orleans  
*“What is uniquely Osteopathic about AOA/ACOOG Programs?”*

Apr 2015      ACOOG 82<sup>nd</sup> Annual Conference – OMT Workshop

2014 - Present      Midwestern University CCOM Simulation Lab  
Developed the curricular content and Simulation Lab Modules for 3<sup>rd</sup>-year Clerkship to include: Surgical scrub, gowning, suturing, knot tying, and Laparoscopic simulation; Noelle Obstetrical normal and abnormal delivery; draping for breast, pelvic, and general woman’s exam, Foley Cath placement; ultrasound simulation of gynecologic and obstetric patients

2013 - 2014      Iowa Osteopathic Medical Association (IOMA)  
Keynote address - *Byron Laycock Memorial Speech*

2009 - 2012      MWU: Ward E. Perrin, DO Clinical Refresher Courses  
*Current Topics in Gynecology and Primary Care*

Sep 2010      ACOOG Midyear Conference, Chicago, Illinois:  
*“Nuts and Bolts of IUDs*  
*”*

Oct 2010      AOA Unified Convention/ACOOG Presentation, San Francisco, CA  
*“Trends in Hormone Therapy and Menopause”*

Aug 2010      American College of Osteopathic Family Physicians (ACOFP) – Representative to the Chinese Delegation  
*“Specialty Physicians working with Primary Care Physicians”*

Apr 2010      Student National Medical Association Osteopathic Schools Convention, Chicago, Illinois  
*“The DO Difference”*

2007 - 2008      COSTIN Scholars Research Project  
*“Implementation of OMM in Residency Training”*

2007 – 2009      Ward E. Perrin Clinical Refresher Course  
*“HPV Prevention: A Legislative Update”*  
*“Current Trends in Menopause and Hormone Therapy”*  
*“Gynecological Updates: Influenza Vaccination in Pregnancy (Risks or Benefits)”*

2007      AOF – Heart to Heart International: Collaborative trip to China to educate sub-specialty physicians to provide primary care.  
*“The Relationship Between the Specialist and Generalist Physician”*  
*“Neonatal Resuscitation – proper equipment and procedures”*  
*“Postpartum Hemorrhage – Emergency Care of the Pregnant Patient”*  
*“Primary Care of the Female Patient”*  
*“Ultrasound Techniques to evaluate Uterine Fibroids and Risks in Early Pregnancy” - Grand Rounds:*

2006 - Present	<u>Midwestern University</u> - Various topics for the weekly lecture series for students and residents
2008	"Postpartum Hemorrhage"
2008	"Obstetrical Emergencies"
2008	"Menopause and Current Treatment"
2007	"Prenatal Screening and Genetic Testing"
2007	"OMM in Women's Health"
2006 - 2015	Clinical Integration Systems (CIS) "Obstetrics and Gynecology"
2006, 07, 08, 09	ACOG Midyear Conference – Workshop "Utilization of OMT in Women's Healthcare"
2006, 07	AROC Convention "Female Sexuality"
2005, 06, 07, 08	OPSC State Convention "Female Sexual Dysfunction" "Postpartum Depression" "Menopause and Sexuality"
2005	AOA Unified Convention "Women's Heart Health: GO RED FOR WOMEN"
2005	OPSC State Convention "Go Red for Women" – CVD in women - heart health awareness"
2002, 2005	ACOG Midyear meeting "Professional Liability Insurance Reform - its effect on women's health - What's Happening on Capitol Hill?"
2004	OPSC State Convention "Vaginal Delivery of Medications – Nuva Ring"
2003	IOMS State Convention "Contraceptive Options"
2002	IOMS State Convention "Physician's Physical Health"
2001	Emerging States Leadership Conference "How to Become a Strategic Leader Within and Outside of Your Organization"
2001	AOA National Osteopathic Medicine Week Women's Health Symposium, St. Louis, MO "Postpartum Mood Disorders"
2000 - 2001	Dr. Edward Crown Women's Lifestyle Lecture Series, Chicago, IL "Delights of Midlife"
2000 – 2001	Illinois Arbitrator and Commissioners of Disability Claims, Chicago, IL "What is a D.O?"
2000 - 2001	AOA NOM Week Guest Lecturer, Chicago, IL "Family Health: The Osteopathic Approach"
1999 - 2000	IOMS Mid-Year Meeting, Presenter, Chicago, IL "Sexuality in Teens"
1995 - 1999	Midwest Adolescent Health Conference, Chicago, IL.
1997	Bodywise International - Physician's Professional Seminar on Clinical Nutrition, Irvine, CA
1994 - 1996	DePaul University, Chicago, IL "Medical concerns of women"
1995	Salvatore's Restaurant, Chicago, IL "Hormones and the Female Life Cycle"
1995	Mercy Hospital Women's Board, Chicago, IL "Menopause Healthy, Happy and Naturally"
1985 - 1987	Drake University, Des Moines, IA "Addressing Medical Concerns of Women"

#### **Grand Rounds:**

2018	<i>Ectopic Pregnancy – Work-up and Management</i>
2015	<i>Cervical Cerclage vs Progesterone Therapy in Patients with a History of Preterm Delivery</i>
2013	<i>Clinical Updates in STIs</i>
2012	<i>The Importance of Placentation – A Case of Vasa Previa</i>
1994	<i>The Safety and Efficacy of Tocolytic Agents for the Treatment of PTL</i>
1993	<i>Hysterectomy: Surgical Options</i>
1992	<i>Recurrent Abortion-Etiology and Management</i>
1991	<i>Hyperprolactinemia and Galactorrhea - Evaluation and Therapy</i>

#### **Courses / Lectures:**

2006 - 2015	MWU Clinical Integration of Systems (CIS) – Obstetrics and Gynecology
1990 - 1992	ARC Venture/Flex Review Course (OB/GYN section), Rush-St. Luke Hospital, Chicago, IL
1980 - 1985	Executive Health and Fitness Program, San Diego Sports Medicine Center, San Diego, CA

## **PUBLICATIONS**

### **Book Chapters**

Apr 2015      **Association of Professors in Gynecology and Obstetrics (APGO): Medical Student Educational Objectives 10<sup>th</sup> Edition** - Contributing Author for Chapter 10 Osteopathic Evaluation

### **Journal Articles**

Oct 2011      **Journal of the American Osteopathic Association (JAOA) – Supplement on adult immunization**  
                  “Immunizations in Pregnancy” TA Hubka, DO and P. Wisner, DO

2004 - 2006      **American Osteopathic Association: “WOMEN AND WELLNESS” Series**  
                  Topics:    *Menopause*  
                          *Osteoporosis*  
                          *Women’s Heart Health*  
                          *Irritable Bowel Syndrome*  
                          *Inflammatory Bowel Disease*  
                          *Female Sexuality*  
                          *Sexual Dysfunction*  
                          *Women’s General Health Evaluation*  
                          *Primary Care of the Female Patient*

## **MAJOR TEACHING RESPONSIBILITIES**

2005 - Present      **Department Chair** - Midwestern University Faculty Development and Clerkship / Elective Site selection, expansion, and oversight of 3<sup>rd</sup> and 4<sup>th</sup>-year students’ core and elective Ob/Gyn clerkship locations  
Faculty development and recognition

2005 - Present      **Clinical Course Director** - MWU: Curriculum development and lectures for 3<sup>rd</sup>-year clerkship didactics and simulation skills, Oversight of course objectives and expectations, Outcomes review and evaluation.  
4<sup>th</sup>-year osteopathic medical student electives in Ob/Gyn - Curriculum and development of subspecialty exposure and training

2005 - Present      **Advisor - Student Osteopathic Obstetrics and Gynecology Association (SOOGA)** – an affiliate of ACOOG National Student Society. Advisory role to student leadership. Guides club meetings, reviews special projects and disseminates materials from ACOOG/MEFACOOG to club leadership for travel grants and special projects.

1997 - Present      **Preceptor** - Comprehensive Wellness Care, LLC: Precept and provide hands-on experience and personalized training of osteopathic medical students every four weeks.

2013 - Present      **Preceptor** - Comprehensive Wellness Care, LLC: Family Medicine Residents (AMITA-Resurrection and AMITA- Saint Mary’s & Elizabeth Medical Center) every four weeks. Resident didactics, lectures, simulations, and skills labs (in addition to Administrative and Management duties)

## **EDITORIAL BOARDS**

2017      Journal Annals of Clinical Case Reports  
2016      Journal of Gynecology and Obstetrics Forecast

## **ADVISORY BOARDS**

2019- Present      **IPROMOTE – IL**: Illinois Maternal Health Task Force: Innovations to Improve Maternal Outcomes in Illinois.  
Task Force created to promote maternal/fetal health in Illinois by recognizing disparities in healthcare and reducing maternal/fetal morbidity and mortality.  
                  *Illinois Maternal Mortality* (Root cause)  
                  *Breast Feeding Initiatives*  
                  *Overdose Review Initiatives*

2021 - 2023      Astellas – Expert Speaker Training

2020 - 2021      Abbvie - Professional Consultant  
                  *Uterine Disorders* - National Steering Committee

2019, 2021      Healthcare Advisors Bureau

2015      Prolia® Women’s Health Scientific Advisory Board

## **MEDICAL EXPERT REVIEWER**

2019 - Present      Expert Consultant, Medical/Legal Clinical Cases

## **HUMANITARIAN WORK**

Jan 2017      AAFP - Advanced Life Support Obstetrics (ALSO) - Travel to India  
Teaching clinical skills in obstetrical emergencies to physicians, residents, medical students, nurses, and EMTs.

Mar 2009      AOF and *DO Care* - Travel to Guatemala  
Opening of new (permanent) *DO Care* Clinic

May 2007                      AOF & Heart To Heart International Team - Travel to China  
Global Initiatives on Educating Chinese Physicians on Neonatal Resuscitation and Care of the Female Patient

## **CIVIC AND COMMUNITY INVOLVEMENT**

2012 to Present	Toast Masters International
2003 - 2008	Alphonsus Academy - "Art and Soul" Annual Fundraising Committee
2010 - Present	Toastmasters - Lakeview
1998 - Present	Member - Friends of the Zoo, Lincoln Park Zoo, Chicago, IL
1997 - Present	Donor - Misericordia Home, Chicago, IL
1996 - 2006	Imperial Nursing Home, Chicago, IL - Lecturer to nursing staff regarding patient care
1996 - 2000	Deborah's Place, St. Alphonsus Church, Chicago, IL - Women's Health Advisor
1996 - 1997	Member - Chairman's Roundtable Major Gifts McGaw YMCA, Evanston, IL -
1992 - Present	Participant - Y-Me Breast Cancer Campaign Fund Raiser, Chicago, IL
1990 - Present	Member - Lincoln Park Chamber of Commerce, Chicago, IL
1990 - Present	Participant - DePaul University Health Fairs, Chicago, IL
1989 - 1993	Volunteer Health Educator - Alphonsus Academy & Center for the Arts, Chicago, IL

## **SPECIAL INTERESTS**

### **PROFESSIONAL**

Patient and Medical Education  
Public Speaking  
Osteopathic Principles and Philosophy  
Nutrition and Fitness  
Global Humanitarian Healthcare Complimentary and Integrative Medicine

### **PERSONAL**

Fitness and Exercise  
Spatial Design and Decorating  
Travel  
Entertaining and Vegetarian Gourmet Cooking