



January 23, 2023

Dear Colleague,

The Illinois Osteopathic Medical Society (IOMS) is proud to nominate **Teresa A. Hubka, DO, MS, FACOOG (DIST), FACOG, CS**, of Chicago, Illinois, as a candidate for the 2023-24 office of President-Elect of the American Osteopathic Association (AOA).

"I am proud and honored as IOMS President to nominate Teresa A. Hubka, DO for the office of AOA President-elect. Teresa demonstrates endless commitment and passion for our osteopathically distinctive way of training students and residents to practice medicine. As an educator, mentor, and advocate, she is the complete embodiment of an osteopathic physician," said Kimberly Huntington-Alfano, DO, IOMS President.

Dr. Hubka has served the osteopathic profession at the local, state, national, and international levels for over 30 years. According to Dr. Huntington-Alfano, "She has tirelessly represented and advocated for osteopathic physicians throughout her career in her many roles within the leadership of the AOA, AOF, and OPAC. She has served in leadership for the IOMS and remains an active and engaged member, assisting current leadership as an advisor, mentor, and friend." Her dedication, hard work, and vision clearly demonstrate her qualities as an exemplary leader. In addition, Dr. Hubka has represented the profession on numerous key education and policy initiatives that are critical to the future of osteopathic medicine.

Dr. Hubka graduated from Des Moines University/College of Osteopathic Medicine (DMU/COM) in 1989 and has served as President of the DMU/COM Alumni Association. She is dually board certified by AOA/AOBOG and ABOG in Obstetrics and Gynecology. Dr. Hubka is a Distinguished Fellow of the American College of Osteopathic Obstetricians and Gynecologists (ACOOG) and a Fellow of the American College of Obstetricians and Gynecologists (ACOG). Prior to entering medical school, she earned a BS degree in Biochemistry and Nutrition Science from University of California-Davis, and a Master of Science, Biology, and Clinical Nutrition from the University of Bridgeport, Bridgeport, CT. After graduating with her DO degree from DMU/COM, she completed a rotating internship at Atlantic City Medical Center/Mainland Hospital in Atlantic City, NJ, and her obstetrics and gynecology residency at Mercy Hospital and Medical Center in Chicago, IL, culminating in the role of Chief Administrative Resident.

Dr. Hubka has been in private practice as an obstetrician and gynecologic surgeon in Chicago for the past 29 years. She established Comprehensive Women's Care in 2000, re-branded as Comprehensive Wellness Care, LLC in 2011. She is a member of the Assembly of Osteopathic Graduate Medical Educators of the American Association of Colleges of Osteopathic Medicine. She has served as Chair of the Department of Obstetrics and Gynecology and has held the rank of Clinical Professor at Midwestern University/Chicago College of Osteopathic Medicine (MWU/CCOM) since 2004. Dr. Hubka has taught extensively, both nationally and internationally, in the field of osteopathic obstetrics and gynecology, to include her service since 2004 as the obstetrics and gynecology residency program director at three different hospital systems, facilitating the amalgamation and preservation of two programs into the unified robust program it is today.

Dr. Hubka states, "I believe in the distinctive osteopathic philosophy and practice of medicine which I follow personally, and, passionately profess to my patients. I train students and residents to promote and preserve the difference they will make in their patients' lives through the practice of osteopathic medicine. I take great pride in being a DO and I am dedicated to giving back to the profession and to all future DOs!"

Serving on the AOA Board of Trustees since 2013, Dr. Hubka has actively participated on and chaired numerous AOA bureaus, councils, committees, and work-groups, and currently serves as advisor to the AOA Executive Committee, chairing the Certifying Board Services Viability Work-group. She is frequently called upon to chair critical-focus work groups, most recently the International Affairs Work group. She chaired the AOA Council of Women's Health Initiatives. She was one of the founding members and then President of the American Association of Osteopathic Postgraduate Physicians (AAOPP) currently integrated into the Bureau of Emerging Leaders (BEL). Dr. Hubka currently serves on the Osteopathic Political Action Committee - Board of Directors.

Dr. Hubka's tireless advocacy for osteopathic medicine has led to her work for the American Academy of Family Physicians, developing and teaching both the Basic and the Advanced Life Support in Obstetrics (BLSO & ALSO) Courses. She is a Fellow of the Institute of Medicine of Chicago and became a Costin Scholar in 2007-2008. Dr. Hubka serves on the Women's Preventative Services Initiative Multidisciplinary Steering Committee for the American College and Congress of Obstetricians and Gynecologists. She is a member and annual presenter at the Council of Resident Educators in Obstetrics and Gynecology and participates in the Association of Professors in Gynecology and Obstetrics (APGO), representing Midwestern University/ Chicago College of Osteopathic Medicine Department of OB/GYN, which is an APGO Institutional Member.

She is a past Chairman of the Board of the American Osteopathic Foundation from 2009-2010. In 2011-2012, Dr. Hubka served as President of the American College of Osteopathic Obstetrics and Gynecology. She chaired the Medical Education Foundation of ACOOG in 2014-2015. She was elected President of the IOMS for the 2000-2001 term and served on that board for over ten years in various leadership roles. Dr. Hubka has been a delegate to the AOA House of Delegates beginning in 1990 (since starting her residency) and prior to that, was a Student Delegate to the AOA House from 1985-1989. She has been the Illinois Delegation Chair since 2000.

Dr. Hubka is in the AOA Mentor Hall of Fame. She was the ACOG Educator of the Year in 2019-2020, as well as received the ACOOG Distinguished Service Award in 2014-2015 and recently honored the ACOOG 2022 Mentor of the Year. Dr. Hubka has received awards from MWU/CCOM, IOMS, DMU/COM, just to name a few of the many organizations who have chosen to honor her. She is a highly sought-after speaker and teacher with a long list of such engagements. As well, Dr. Hubka is involved in conducting research leading to numerous publications, as included on her resume. Additionally, Dr. Hubka is frequently engaged in international humanitarian work, serving in India, China and Guatemala. The Chicagoland community also benefits from her civic involvement in fund raising, speaking, and service as a women's health advisor.

Dr. Hubka is dedicated to her profession, her community and her family. She and her husband John Dunkas, of 31 years, enjoy spending time with their two grown children, Nikko and Yanni, who have been raised into the osteopathic family and have both served as pages in the AOA House of Delegates. Dr. Hubka is originally from San Diego, California where her family of eight siblings still resides with their families.

The Illinois Osteopathic Medical Society Board of Directors and the Illinois Delegation fully supports and respectfully submits to you for consideration as the 2023-24 President-Elect of the American Osteopathic Association, **Teresa A. Hubka, DO, MS, FACOOG (DIST), FACOG, CS.**

Sincerely,



Kim Huntington-Alfano, DO
President, IOMS

AOA President Elect

IOMS proudly nominates Teresa A. Hubka, DO for



Teresa A. Hubka, DO
MS, FACOOG (DIST), FACOG, CS

Call to **EXCELLENCE**



“Everyone has the potential for greatness. The idea of Excellence comes close to being the purpose of life itself. It is God’s CALL TO EXCELLENCE that brings it forth.”

Teresa A. Hubka, DO

MS, FACOOG (DIST), FACOG, CS

Osteopathic OB/GYN Surgeon- Private Practice

Comprehensive Wellness Care, LLC – Founder and Medical Director, established in 2011

Dually board certified:

AOA-AOBOG - Fellow (Distinguished)

ABMS-ABOG - Fellow

Mercy Hospital and Medical Center – Chicago, IL:

Obstetrics & Gynecology Residency

Administrative Chief Resident, 1994

Atlantic City Medical Center & Mainland Hospital - Atlantic City, NJ: Rotating Internship, 1990

Des Moines University/Osteopathic Medical Center – Doctor of Osteopathic Medicine, 1989

University of Bridgeport, Bridgeport, CT: Master of Science, Biology and Clinical Nutrition

University of California - Davis, Davis, CA: Bachelor of Science, Biochemistry and Nutrition Science

AOA Leadership

Advisor to Executive Committee - 2 years

Executive Committee - Member - 5 years,

Finance Committee – Member – 7 years

Chair - Bureau of International Osteopathic Medicine

Chair - International Affairs Workgroup

Chair - Certifying Board Services Viability Workgroup

Chair - Department of Government Affairs

Chair - Department of Affiliate Relations

Chair - Department of Research and Development

Chair - Department of Education

Chair - Department of Professional Affairs

Chair - Council on Women’s Health Issues

Committee on Constitution and Bylaws of the House -

Chair x 3 years

Delegate to the AOA House of Delegates continuously since medical school

Osteopathic Political Action Committee Board – Member

AOA Board of Trustees – 2013 to Present

Leadership of Osteopathic Organizations

American Osteopathic Foundation - President

American College of Osteopathic Obstetricians and Gynecologists - President

Medical Education Foundation of ACOOG - Chair

Alumni Association president - DMU-OMC

Illinois Osteopathic Medical Society - President

American Association of Colleges of Osteopathic Medicine - Assembly of Osteopathic Graduate Medical Educators - member

Patient Advocacy & Civic/Community Leadership

Institute of Medicine of Chicago - Fellow

Illinois Section of ACOG: Advisory Council and

Legislative Committee - Member 15 years

University of Illinois, Chicago, IL – I PROMOTE IL: Chair -

Maternal Health Data / Maternal Clinical Case Reviews

Volunteer, Donor, and Fund-raiser for numerous Chicago-based Charities (Deborah’s Place / Imperial Nursing Home /

Misericordia Home)



Medical Educator and Researcher

Professor of Obstetrics and Gynecology:
Midwestern University/Chicago College of Osteopathic
Medicine

Chair, Department of Obstetrics and Gynecology, 19 years
Residency Program Director - 11 years: MWU/OPTI
(Continuous under three distinct hospital systems)
1. Presence-Resurrection Healthcare Consortium
2. Swedish Covenant Hospital
3. St. James - Olympia Fields Hospital

Des Moines University, Des Moines, IA
University of Illinois, Chicago, IL

Clinical OMS-3 Course Director and Preceptor -
MWU/CCOM

Clinical OMS-4 Elective Course Director - MWU/CCOM
National Board of Osteopathic Medical Examiners
Item Writer - 25 years

American Osteopathic Board of Obstetrics and Gynecology
Item Writer and Oral Board Examiner - 8 years

Prolific researcher with scores of publications and
presentations



Leadership Roles of Medical Organizations

American Academy of Family Physicians

Course director and Advisor for Basic/Advanced Life
Support in Obstetrics (National & International)

Costin Institute for Osteopathic Medical Educators - Scholar

American Association for Physician Leadership - Member

American College and Congress of Obstetricians and Gynecologists -
Women's Preventive Services Initiative Multidisciplinary
Steering Committee

Congressional Leadership Council

Council of Resident Educators in Obstetrics and Gynecology
Retreat Faculty - 8 years

Association of Professors in Gynecology and Obstetrics
Representative for Institutional Membership - MWU/CCOM

Ascension - Resurrection Medical Center, Chicago, IL

Credentials Committee

Perinatal and Quality Review Committee

Swedish Covenant Hospital - Medical Director of Women's
Health Strategic Planning

Mercy Hospital & Medical Center: Professional Liability
Insurance Reform Committee - Chair



Professional Recognition & Awards

ACOGG -Distinguished Service Award
-2022 Mentor of the Year

ACOG - Educator of the Year Award

APGO - Humanism Teaching Award

AOA - Mentor Hall of Fame

Chicago Police Academy -

Physician of the Year

IOMS - Physician of the Year

DMU - Alumnus of the Year

MEFACOOG - Commendation for
Meritorious Service

MWU/CCOM Alumni Association -
Achievement Award

International Humanitarian

Service Trips - China, India, Guatemala

“EXCELLENCE is
symbolized by the eagle
soaring high above the world.
GOD, make me an eagle with
the thrill of doing my very
best each day.
As I soar into the future,
gently whisper to me -
EXCEL, EXCEL, EXCEL!”

Aspiring to Serve with **EXCELLENCE**

TERESA A. HUBKA, MS, DO, FACOOG (DIST), FACOG, CS
Dual Board Certified in Obstetrics and Gynecology

Curriculum Vitae



Comprehensive Wellness Care, LLC
Founder, and Medical Director

3152 North Lincoln Avenue, Chicago, IL 60657

Tel: (773) 549-8900 Fax: (773) 549-8511 Cell: (773) 860-0065

E-Mail: tahubka@aol.com or Comprehensivewellnesscare@gmail.com

PROFESSIONAL PRACTICE

Comprehensive Wellness Care, LLC - Private Practice, Chicago, IL

Jan 2011 - Present Owner, Founder, and Medical Director
Obstetrics and Gynecology, Osteopathic Medicine, Fertility and Family Care, Behavioral Health, Nutrition and Fitness

Comprehensive Wellness Care

Oct 2007 - Dec 2010 Private Practice affiliated with Swedish Covenant Hospital, Chicago, IL
Medical Director (Practice Affiliates in Obstetrics and Gynecology and Family Medicine)

Comprehensive Women's Care

Mar 2000 - Sep 2007 Private Practice, Chicago, IL
Founder and Medical Director: Obstetrics and Gynecology Practice

Mercy Medical in Lincoln Park...A Center for Women's Care

Jun 1994 - Mar 2000 Joint Venture with Mercy Hospital and Medical Center, Chicago, IL
Medical Director: Obstetrics and Gynecology

HOSPITAL AFFILIATIONS & MEDICAL STAFF APPOINTMENTS

Ascension Health - Resurrection Medical Center, Chicago, IL (Formerly AMITA Health)

2016 – Present Medical Staff Credentials Committee
2016 – Present Department Ob/Gyn Quality Committee
2016 – Present Perinatal Review Committee
2012 – Present Advisor to Residents – career guidance (*reviews CVs, personal statements, and contract negotiations*)
May 2012 -Nov 2015 **Program Director** - Obstetrics and Gynecology Residency Program
MWU/OPTI: Presence - Resurrection Healthcare Consortium (Complete Term: 2004 – 2015) – Conducted the Ob/Gyn Residency Program in accordance with AOA (PTRC and PTRC-I) and ACGME requirements and maintained continuous full program accreditation each year. All trainees achieved AOA Board Certification
2014 - 2015 Clinical Competency Committee, Development
2012 - 2018 Presence Health - OB Collaborative Committee
2012 – Present Clinical Faculty & Preceptor for Presence - RMC Family Medicine Residents (Now AMITA Health)
2012 - 2015 Member, Department of Medical Education - GME Committee
2012 – Present Attending Physician

Ascension Health – Saints Mary and Elizabeth Medical Center Chicago, IL (Formerly AMITA Health)

Jun 2020 – Present Attending Physician
Clinical Faculty & Preceptor for AMITA - SMEMC: Family Medicine Residents

Advocate Illinois Masonic Medical Center Chicago, IL

Jun 2020 – Present Attending Physician
 Clinical Faculty for Ob/Gyn Residents

Swedish Covenant Hospital Chicago, IL

Sep 2007 – Dec 2020 Attending Physician
 Sep 2007 - Sep 2009 Medical Director of Women’s Health Strategic Planning
 Sep 2007 - May 2012 Member, Department of Medical Education – GME Committee
 Sep 2007 - May 2012 Program Director: MWU: Franciscan St. James Olympia Fields – Obstetrics and Gynecology Residency Program

Vanguard University of Chicago Weiss Memorial Hospital, Chicago, IL

Jun 1995 - Dec 2009 Senior Attending Physician
 Jun 2004 - Sep 2007 Program Director MWU: St. James Olympia Fields – Obstetrics and Gynecology Residency Program

Mercy Hospital and Medical Center, Chicago, IL

1998 - 2018 Senior Attending Physician
 1997 - 2003 Member at Large - Executive Medical Board
 2001 - 2008 Chairperson - Professional Liability Insurance Reform Committee
 1993 - 2008 Member -Department of OB/GYN Quality Assurance Committee
 1994 - 2008 Director - Continuing Medical Education, Department of OB/GYN
 1995 - 2008 Member – Guidelines Committee, Department of OB/GYN
 1997 - 2008 Member - Committee of Pharmacy and Therapeutics
 1995 - 2004 Assistant Program Director – Ob/Gyn Residency Program
 1994 - 1997 Medical Director - Diagnostic and Treatment Center: OB/GYN Residents Clinic
 1994 - 1998 Associate Attending Physician
 1993 - 1994 Chief Administrative Resident - Department of OB/GYN
 1993 - 1994 Member - Department of OB/GYN Resident Review Committee
 1993 - 1994 Member -Department of OB/GYN Quality Assurance Committee
 1993 - 1994 Member - Committee on Continuing Medical Education

Resurrection Health Care - St. Josephs Hospital

2000 - 2006 Senior Attending Physician
 2002 - 2006 Legislative Ad Hoc Committee
 2002 - 2006 HIPPA Committee
 2001 - 2006 Professional Liability Insurance Reform Committee

Merritt Lincoln Park Hospital, Chicago, IL

1994 - 2005 Attending Physician

St. Elizabeth Hospital, Chicago, IL

2000 - 2002 Attending Physician
 2000 - 2002 Consultant to St. Elizabeth’s Midwifery practice

Imperial Nursing Home, Chicago, IL

1996 - 2002 Consultant, OB/GYN

San Diego Sports Medicine Center, San Diego, CA

1981 - 1985 Registered Dietitian - Private Practice (License remains current)

UNIVERSITY AFFILIATIONS / ACADEMIC APPOINTMENTS & POSITIONS**Midwestern University – Chicago College of Osteopathic Medicine, Chicago, IL**

Mar 2020 Covid Pandemic Response: Designed and taught a two-week Foundations Course for Introduction to Ob/Gyn Clerkship
 2015 – Present Orientation and Simulation for the Ob/Gyn Clerkship and Electives in Ob/Gyn
 2000 - Present Advisor - Assist OMS-3 and OMS-4 in CV writing and Personal Statements for Application to Residency
 Jun 2004 - Present Department Chair & Clinical Professor - Department of Obstetrics & Gynecology
 Jun 2005 - Present Clinical Clerkship Director: Ob/Gyn 3rd year Core and 4th-year Electives
 2000 – Present Advisor to Student Osteopathic Ob/Gyn Associates (SOOGA)
 • Bylaws development and revisions, participated in club meetings and activities.
 • Directs the MEFACOOG Fundraising and Visiting Professor Program
 2015 - Present Member CCOM Wellness Committee
 2015 – Present Member Professionalism Committee
 2013 - 2018 Member Curriculum Development Committee
 Jun 2006 - Present Member - Clinical Department Chair Committee
 Jun 2006 - Present Member - Clinical Promotions Committee
 Jun 2009 - Present Clinical Professor of Obstetrics and Gynecology
 2005 - 2010 Member - OPTI Education Committee
 2007 – 2008 Completion COSTIN Scholars Program
 2004 - 2015 Program Director MWU OPTI Ob/Gyn Residency program (consistent throughout various hospital affiliations and program name changes)

Jun 2004 - May 2012 Program Director: MWU: Franciscan St. James Olympia Fields - Obstetrics & Gynecology Residency
 2001 - 2006 Member - OPTI Governing Board of Directors
 2000 - 2009 Associate Clinical Professor- Department of OB/Gyne
 1997 - Present Clinical Faculty & Preceptor for Ob/Gyn Residents and Osteopathic Medical Students – (*now as Comprehensive Wellness Care, LLC*)
 1992 - Present Preceptor – 3rd and 4th-year students in Obstetrics & Gynecology
 1992 - Present Mentor - Pre-med Students interested in Osteopathic Medicine

Des Moines University: Osteopathic Medical Center, Des Moines, IA.

1996 - Present Associate Clinical Professor: Department of Obstetrics and Gynecology
 1996 - Present Preceptor – 3rd year and elective Osteopathic Medical Students interested in Ob/Gyn
 1996 - Present Member: National Alumni Association - Board of Directors
 2004 – 2006 Alumni Association Representative to the DMU Governing Board
 2003 - 2006 Immediate Past President / Past President: National Alumni Association - Board of Directors
 2000 - 2003 President: National Alumni Association Board of Directors
 2000 - Present Illinois Chapter Trustee: National Alumni Association Board of Directors
 1999 - 2000 First Vice President: National Alumni Association Board of Directors
 1998 - 1999 Second Vice President: National Alumni Association Board of Directors
 1996 - 1998 Member at Large: National Alumni Association - Board of Directors
 1987 - 1989 Advisor: Des Moines University - COM Student Council Executive Board
 1985 - 1987 Student Representative: Des Moines University - Board of Directors
 1985 - 1989 DMU Representative: AOA - Council of Student Council Presidents (CSCP)
 1985 - 1987 President: Student Council, University of Osteopathic Medicine and Health Sciences (UOMHS) – COMS
 1985 - 1986 1st year Class Representative: Student Council, University of Osteopathic Medicine and Health Sciences (UOMHS) – COMS

Kansas City – College of Osteopathic Medicine

2013 - Present Adjunct Clinical Faculty - Ob/Gyn

Pikeville University – College of Osteopathic Medicine

2015 - Present Adjunct Clinical Faculty - Ob/Gyn

University of Illinois, Chicago, IL

1996 - Present Associate Professor and Clinical Faculty: Department of Ob/Gyn
 2019 - Present I PROMOTE-IL
 • Chair - Maternal Health Data Subcommittee
 • Chair – Maternal Clinical Case Reviews

BOARD CERTIFICATIONS / LICENSURE

American Osteopathic Board of Obstetrics and Gynecology (AOBOG) - Diplomat

Oct. 1997 - Current Fellow – AOA Board Certified: Osteopathic Obstetricians and Gynecologist
 Lifetime Certificate

American Board of Obstetrics and Gynecology (ABOG) - Diplomat

Dec 1998 Fellow - Board Certified in Obstetrics and Gynecology
 Dec 2008 Recertification
 Dec 2018 - Present Maintenance of Certification: 6-year renewal – a continuous process

Medical License:

Illinois 036.086740 (current)

EDUCATION AND TEACHING EXPERIENCE

Continuing Medical Education:

2018 - Present **American College of Healthcare Executives**
 General Member
 Physician Executive Boot Camp (2007)

2017 - 2019 **ASPEN Institute:**
 Spotlight Health 2017, 2018, 2019

2012 - Present **American Academy of Family Physicians (AAFP):**
Advanced Life Support in Obstetrics (ALSO):
 2016 - Present **National Advisory faculty** – (USA and India) Organizing, supervising faculty, and teaching ALSO Course
 2013 - 2016 **Course Director** – Teaching clinical skills in Ob/Gyn to Ob/Gyn, Family Medicine, and Emergency Medicine Residents
Basic Life Support in Obstetrics (BLSO):
Advisory faculty and Course Director

Continuing Medical Education (Cont):

2013 – 2015 **Midwestern University:**
Master Faculty Series Certificate
2007 – 2008 **COSTIN Scholar** - Costin Institute for Osteopathic Medical Educators
• Core Project: *Integration and Application of Osteopathic Principles and Practice into Ob/Gyn Residency*
Current Alumni - **COSTIN Scholar**

Post Doctorate / Fellowship(s):

2013 – Present **Institute of Medicine, Chicago (IOM-C) - Fellow**
2004 – Present **American College of Osteopathic Obstetricians and Gynecologists (ACOG) - Distinguished Fellow**

Residency:

1990 – 1994 **Mercy Hospital and Medical Center, Chicago, IL**
Residency in Obstetrics and Gynecology Chief Administrative Resident

Sub-Specialty Training

- **Sexual Dysfunction** - Loyola Medical Center, Maywood, IL - Dr. Renshaw
- **High-Risk OB/Perinatology** - Loyola Medical Center, Maywood, IL- Dr. Giannopoulos and Dr. Tolmich
- **Gyn Reproductive & Endocrinology** - Mercy Hospital and Medical Center, Chicago, IL - Dr. Balin
- **Gyn Oncology** - Mercy Hospital and Medical Center, Chicago, IL - Dr. Javaheri
- **Gyn Urology** - Rush-St. Luke Medical Center, Chicago, IL - Dr. Brubaker

Senior Research Project:

Placental Anatomy - Structure and Function

Internship:

1989 - 1990 **Atlantic City Medical Center/Mainland Hospital, Atlantic City, NJ**
Rotating Internship: General Surgery, Internal medicine, Emergency medicine, Family medicine, Pediatrics, Ob-Gyn, Neonatology, Reproductive Medicine and Endocrinology, Urology, Plastic Surgery, Radiology, and Pathology.

Post Graduate:

1985 - 1989 **University of Osteopathic Medicine & Health Sciences, Des Moines, IA**
Doctor of Osteopathic Medicine, (DO)

Graduate:

1980 - 1982 **University of Bridgeport Connecticut, Bridgeport, CT**
Master of Science, Biology, and Clinical Nutrition
• Research Project: *Food Allergies and Celiac Disease*

1979 - 1984 **Alvarado Hospital and Medical Center, San Diego, CA**
1982 – 1984 Director - Department of Dietetics
1979 – 1981 **Dietetic Internship** - Registered Dietitian (RD) -

Undergraduate:

1976 - 1979 **University of California Davis (UCD), Davis, CA**
Bachelor of Science, Biochemistry and Nutrition Science
1975 - 1976 **University of California San Diego (UCSD), San Diego, CA**
Biology/Chemistry

PROFESSIONAL ORGANIZATIONS / LEADERSHIP POSITIONS & ACTIVITIES

American Osteopathic Association (AOA) - Board of Trustees:

2022 – 2023 AOA Pres. - Ernie Gelb, DO

Advisor - Exec Committee AOA/BOT

Chair - Certifying Boards Services: Viability Workgroup

Finance Department

Exec Committee Advisor: Finance Committee – Non-voting

Presidential authority to participate in all Finance Department meetings

Department of Education

Member - Bureau of Osteopathic Education

2021 - 2022 AOA Pres. - Joe Giaimo, DO

Advisor - Exec Committee AOA/BOT

Member - Ethics Review and Board Appeals Committee

Chair – International Affairs Workgroup - (Goals, Tactics, and Measures of Success)

Finance Department

Exec Committee Advisor: Finance Committee – Non-voting

Member - Joint Board / House Budget Review Committee

Department of Education

Member – Bureau of Osteopathic Education (as Chair of BIOM)

Membership Department

Chair – Bureau of International Osteopathic Medicine (BIOM)

BIOM OMED Conference on *International Telemedicine in time of COVID*

Formed Subcommittee: Developed relationships between the Canadian Osteopathic Association & student groups (SOMA and COMSA)

2020 -2021 AOA Pres. – Tom Ely, DO

Member - Executive Committee AOA/BOT

Chair - Department of Government Affairs: Oversight of the activities of the Bureau and two Councils that provide direction on state and federal legislation and regulatory actions and osteopathic advocacy efforts.

Bureau of Federal Health Programs (BFHP)

Council on State Health Affairs (CSHA)

Council on Economic and Regulatory Affairs (CERA)

Co-Chair - HOD Advocacy and Membership Work Group

AOA Representative to ACOG: Women's Preventative Services Initiative (WPSI) – Multidisciplinary Steering Committee

- Developed Opinion Statements on: 1. *Anxiety & Depression*, 2. *Addressing Obesity in Women*, and 3. *Diabetes screening in Pregnancy, Postpartum and Non-Pregnant* – each supported by Health Resources & Services Administration (HRSA)

BOT Member - Strategic Planning Committee

Department of Business Affairs

Member - Finance Committee

Vice Chair - Joint Board / House Budget Review Committee

Department of Research and Development

Member - AT Still Foundation and Research Institute

2019 - 2020 AOA Pres. – Ron Burns, DO

Member - Executive Committee AOA/BOT

Chair - Department of Affiliate Relations: Oversight of communications and relations to all independent and managed Affiliates of the AOA (to include support for COVID-related needs)

Chair - Search Committee for JAOA Editor in Chief

Chair - Regional Osteopathic Medical Education (ROME) Conferences

Member - Bureau of International Osteopathic Medicine

Member - Committee on Basic Documents and Operations of Affiliate Organizations

Department of Business Affairs

Member - Finance Committee

Vice Chair - Committee on AOA Governance and Organizational Structure (CAGOS)

Chair – CAGOS Constitution and Bylaws Subcommittee

Department of Research and Development

Member - AT Still Foundation and Research Institute

2018 - 2019 AOA Pres. – Bill Mayo, DO

Member - Executive Committee AOA/BOT

Chair - Department of Research and Development: Oversight of all AOA Research and Quality Improvement activities including managing clinical and bio-medical grants, and fellowship programs and assisting with annual research conference and poster competition. Representative to national and government agencies on the osteopathic physician's perspective regarding national standards for healthcare performance data pertaining to safety, patient-centered care, and efficiency of care.

Member - AT Still Foundation and Research Institute

Bureau of Scientific Affairs & Public Health

Bureau of Osteopathic Clinical Education & Research

AOA Representative - Brain Health Task Force

AOA Representative - Sleep Disorders Task Force

Department of Business Affairs

Member - Finance Committee

Member - Committee on AOA Governance and Organizational Structure (CAGOS)

Department of Professional Affairs:

Member - Committee on Awards

Department of Education

Member - AOA Certifying Board Services Task Force

2017 - 2018 AOA Pres. - Mark Baker, DO

Member - Executive Committee: AOA/BOT

Chair - Department of Education: Oversight of the AOA Bureaus/Councils/Committees to include: Undergraduate, Postgraduate and Continuing Medical Education (COCA, COPT, PTRC, PTRC-I, BOS)

Member - AOA Certifying Board Services Task Force

Member - College Accreditation Standards Task Force

Chair - Standards Review Coalition

Chair - Council on Osteopathic Undergraduate Medical Education

Department of Business Affairs

Member - Finance Committee

Member - Committee on AOA Governance and Organizational Structure (CAGOS)

Department of Research and Development

Member - AT Still Foundation and Research Institute

Department of Professional Affairs

Vice Chair - Committee on Awards

Department of Affiliate Relations

Member - Committee on Basic Documents and Operations of Affiliated Organizations

2016 - 2017 AOA Pres- Boyd Buser, DO

BOT Member - Board of Appeals Committee

AOA Representative to *Women's Preventative Services Initiative (WPSI)* – Multidisciplinary Steering Committee

Committee Developed - *The Well Women* chart supported by Health Resources & Services Administration (HRSA)

Department of Business Affairs

Vice Chair - Committee on AOA Governance and Organizational Structure (CAGOS)

Chair - Constitution and Bylaws Subcommittee

Department of Affiliate Relations

Vice Chair - Committee on Basic Documents and Operations of Affiliate Organizations

Department of Research and Development

Member - AT Still Foundation and Research Institute Member

Department of Professional Affairs

Vice Chair - Committee on Awards

2015 - 2016 AOA Pres. – John Becher, DO

BOT Member – Board of Appeals Committee

BOT Member – Specialty Standards Committee (SSC)

Department of Business Affairs

Member - Committee on AOA Governance and Organizational Structure (CAGOS)

Department of Affiliate Relations

Member- Committee of Basic Documents and Operations of Affiliate Organizations

Department of Research and Development

Member - AT Still Foundation and Research Institute

Department of Education Affairs

Chair – Standards Review Coalition of Commission on Osteopathic College Accreditation

Member – College Accreditation Standards Taskforce

2014 - 2015 AOA Pres. – Robert Juhasz, DO

Member - Executive Committee: AOA/BOT

Chair – Department of Professional Affairs: Oversight of the AOA Bureaus/Councils/Committee to include: Communication, Membership, Ethics, Awards, Interns/Residents, New Physicians in Practice and Student Affairs, Affiliates and Advocates Liaison to Bureau of Emerging Leaders.

Adopt a Campus: DMU

Chair – Committee on Awards

BOT Member – Mentor of the Year Subcommittee

BOT Member - Board Appeals Committee

Department of Business Affairs

Member - Finance Committee

Department of Education Affairs

Vice Chair – Standards Review Coalition

Vice Chair - Dale Dodson Education Fund Committee

Department of Research, Quality and Public Health

Member - AT Still Foundation and Research Institute

2013 - 2014 AOA Pres. – NormVinn, DO

Elected to the Board of Trustees

Adopt a Campus: DMU, PNWU - COM

Department of Business Affairs

Vice Chair – Constitution and Bylaws Subcommittee (CAGOS)

Member - Committee on AOA Governance and Organizational Structure (CAGOS)

Department of Educational Affairs

Member - Dale Dodson Educational Fund Committee

Department of Professional Affairs

Bureau of Membership – Member at Large - ABMS Boarded

Department of Research, Quality and Public Health and Development

Member at Large - Council on Women, Men, and LGBTQ Health Issues

Member - AT Still Foundation and Research Institute

American Osteopathic Association (AOA) – Member

2012 – 2015 Member at Large - Council on Women's Health Issues - transitioned to Women, Men, and LGBTQ Health Issues

1994 - 2012 Chair - Council on Women's Health Issues

2009 - 2011 Member - Committee on Rules and Orders of the HOD

2009 - 2011 Member - Bureau of Membership

2009 - 2011 Affiliate member of the AOA Committee on Strategic Planning

2005 – Present Mentor - Hall of Fame

2004 - 2007 Chair - Committee on Constitution and Bylaws of the HOD

2007 - 2011 Member - Bureau of State and Government Affairs

2004 - 2012 Member of the Corporate Advisory Council

2002 - 2010	Chair - Council of Women's Health Initiatives
2010 - 2015	Member - Council of Women's Health Initiatives
2004 - 2008	Advisor - Council of Young Physicians (Renamed Council of New Physicians in Practice in 2007)
2003 - 2004	Chairperson - Young Physician's Committee
2003 - 2006	Member - Committee on Membership
2003 - 2005	Committee on Rules and Order of Business HOD
2001 - 2003	Member - Young Physician Committee
1999 - Present	Member - Media Spokesperson Network
1990 - Present	Illinois Delegate - AOA House of Delegates (Chair 2000 - Present)
1992 - 1993	President - American Association of Osteopathic Postgraduate Physicians (AAOPP)
1989 - 1994	Founding Member - American Association of Osteopathic Postgraduate Physicians (AAOPP)
1993 - 1995	Member - Osteopathic Graduate Medical Education (OGME) Task Force
1993 - 1995	Member - Education and Policy Review Committee (EPRC) 1 and 2
1993 - 1994	Resident Member - Committee on Membership
1993 - 1994	Resident Representative - Association of Osteopathic State Executive Directors (AOSED)
1986 - 1993	Member - Committee on Post Graduate Training (COPT)
1985 - 1989	Student Delegate - AOA House of Delegates (Iowa Osteopathic Medical Association (IOMA)
1985 - 1989	Student Member AOA - UOMHS (Now: <i>Des Moines University - COM</i>)

AOIA - Osteopathic Political Action Committee (OPAC)

2022	Member - OPAC Board of Directors
2007 - 2010	Member at Large - OPAC Board of Directors
2006	Member - AOIA
2005	Member at Large - OPAC Board of Directors
1998 - Present	Donor

American Osteopathic Foundation (AOF)

2020 - Present	Co-Chair - Committee on Hospital-Systems Recognition Program
2012 - Current	Member - Committee on Grants and Awards
2010 - 2011	Immediate Past President
2009 - 2010	President
2002 - Present	Donor
2005 - 06 & 2008	Vice President
2008	Partnership with <i>DO Care - Mission Trip to Guatemala</i>
2007	AOF - Heart to Heart Initiative: <i>Global Health for China</i> . Academic trip to China Medical Education Training Centers and Hospitals
2004 - 2012	Member - Corporate Advisory Council
2004 - 2008	Chair - Events Committee
2003 - 2011	Member - Board of Directors
2002 - 2003	Member - Proctor and Gamble <i>Women's Health Initiative Award Committee</i>

American College of Osteopathic Obstetricians and Gynecologists (ACOOG)

2022	Mentor of the Year
2018 - 2019	Visiting Professor Program - Yakima, Washington <ul style="list-style-type: none"> ▪ Utilization of OMM in Ob/Gyn ▪ Obtaining an Ob/Gyn Residency ▪ Postpartum Hemorrhage Prevention
2016 - 2018	Advisor - Council of Osteopathic Postgraduates
2013 - 2016	Advisor - Ad Hoc Committee for Resident's Council
2012 - 2013	Chair and Founder - Ad Hoc Committee for Resident's Council
2013 - 2014	Chair - Presidential Task Force for Ad Hoc Committee on Residents and Postgraduates
2013 - 2015	Liaison - Committee to the American Osteopathic Board of Obstetrics and Gynecology
2014 - 2016	Ad Hoc Legacy Society
2009 - 2014	Member - Strategic Planning (<u>Chair</u> 2012 - 2013)
2012 - 2013	Immediate Past President
2011 - 2012	President
2010 - 2011	President-Elect
2009 - 2010	Vice President
2009 - 2013	Member - Executive Committee
2009 - 2013	Member - Finance Committee
2009 - 2013	Member - Nominating Committee (<u>Chair</u> 2013)
2010 - 2011	Co-Chair of the Annual and Midyear CME conferences
2006 - 2012	Residency Program Site Inspector/Evaluator
2000 - 2008	Representative to AOA Bureau on Federal Health Programs
2004 - 2008	Chair - Committee on Government Relations
2000 - 2003	Co-Chair - Presidential Task Force on Government Affairs (with Ron Librizzi)
2005 - Current	Member - OMM Curriculum Committee
2004 - 2010	Member/Speaker - Visiting Professor Program
2004 - 2005	Chair - Membership and Promotions Committee
2003 - 2014	Trustee - Board of Trustees

2001 - 2004 Member - Bylaws Committee
2004 - Current Distinguished Fellow
1996 Senior Fellow / Diplomat
1990 Junior Fellow

American Osteopathic Board of Obstetrics & Gynecology (AOBOG)

2015 - Present Oral Board Examiner
2015 - Present Written Boards Item Writer

Medical Education Foundation of ACOOG (MEFACOOG)

2010 - Present Donor
2015 - 2016 Trustee & Vice Chair - MEFACOOG Board (completed unexpired term of past Vice Chair - M. Geria)
2014 - 2015 **Chair** - MEFACOOG Board
2013 - 2014 Vice Chair - MEFACOOG Board
2012 - 2016 Trustee - MEFACOOG Board

American College and Congress of Obstetricians and Gynecologists (ACOG)

2018 – Present ***Women’s Preventive Services Initiative (WPSI) – Multidisciplinary Steering Committee*** (Reaffirmed 2022 by AOA)
HRSA approved:
▪ Committee opinion on Anxiety and Depression
▪ Committee opinion on Obesity
▪ Committee opinion on Menopause
▪ Improving Healthcare for Pregnant and Postpartum Women
▪ Committee opinion on Diabetes Mellitus after Pregnancy
▪ Well Women Preventive Visits – Screening Recommendations
2010 - Present Member - ACOG Obstetrics & Gynecology Women’s Health PAC
2008 - Present Member - Association of Professors in Gynecology and Obstetrics (APGO)
Contributing Author - Educational Objectives 10th Edition - Chapter 10
2008 - Present Member - Congressional Leadership Council – Washington DC
2005 - Present Member - Council on Resident Educators in Ob/Gyne (CREOG)
2002 - 2004 Representative - Legislative Committee
1998 - Present Senior Fellow / Diplomate
1990 - 1997 Junior Fellow

Council of Resident Educators in Obstetrics and Gynecology – CREOG

Mar 2022 ACOOG Program Directors Retreat – Planned Presentation: VMS
Mar 2019 ACOOG Program Directors Retreat – Presenter
Mar 2018 ACOOG Program Directors Retreat – Presenter
Mar 2017 ACOOG Program Directors Retreat – Presenter
Apr 2016 ACOOG Program Directors Retreat – Presenter
Mar 2015 ACOOG Program Directors Retreat – Presenter
Mar 2013 ACOOG Program Directors Retreat – Presenter
Apr 2012 ACOOG Program Directors Retreat – Presenter
2005 - Current Member
2004 - 2005 Program Directors School

Association of Professors in Gynecology and Obstetrics - APGO

Apr 2015 Contributing Author to *New Osteopathic Chapter* in the 10th Edition - APGO Medical Students Objectives
Jan 2013 APGO Clerkship Director’s School 101, 201
2000 - Present Institutional Member – Midwestern University Department of Ob/Gyn

Institute of Medicine – Chicago

2018 - 2021 Management and Implementation Committee
▪ *Focus on Wellbeing Together: Investing in a Metropolitan Chicago Community Trust*
2014 - 2016 Member, Centennial Grant Fund Committee
2013 - Present Fellow

American Academy of Osteopathy (AAO)

1990 - 2015 Member

Association of American Colleges of Osteopathic Medicine (AACOM)

Council of Student Council Presidents (CSCP)

1988 - 1989 Parliamentarian
1987 - 1988 Executive Board - Secretary/Treasurer
1985 - 1987 UOMHS - COMS: Student Council President/Representative

American Association of Colleges of Osteopathic Medicine (AACOM)

Assembly of Osteopathic Graduate Medical Educators (AOGME)

2018 - Present Member

American College of Physician Executives (ACPE)

1999 - 2010 Member
1999 Speaker - Physicians in Management Seminar

American Medical Women's Association (AMWA)

2013 - 2014 AOA Representative and Panelist at Centennial Celebration Chicago, Illinois
2010 - 2011 Nominee for *Physician of the Year*
1987 - 1989 National Legislative Committee
1986 - 1988 Student Representative - House of Delegates

National Board of Osteopathic Medical Examiners (NBOME)

2018 - Present Ob/Gyn item writer - COMAT
2018 - Present Ob/ Gyn Subject item reviewer - COMAT
2017 - Present Member - COMVEX committee
1997 - 2007 Item Writer - Level 3 COMLEX

Illinois Osteopathic – Political Action Committee IO-PAC (previously known as SCOPE)

2002 - Present Treasurer/Secretary
2001 – 2002 Chair

Illinois Osteopathic Medical Society (IOMS)

2000 - Present Chair - Illinois Delegation to AOA HOD
2017 - 2020 Member - Legislative Committee
2017 - 2020 Member - Education Committee
• Developed Virtual CME program on “*Updates and Perspectives on Covid – 19 in Illinois*”
2001 - Present Member - Past President’s Council
2002 - 2006 Chair - Ethics Committee
2001 - 2005 Chair - Membership Committee
2004 - 2014 Member - Women’s Health Committee
2001 - 2002 Immediate Past President
2000 - 2001 **President**
1999 - 2000 President-elect
1996 - 2003 Vice Chairperson - Illinois Osteopathic Educational Foundation
1994 - 2006 Trustee - Board of Trustees
1992 - 1994 Resident Representative
1990 - Present Illinois Delegate to the AOA House of Delegates - Delegation Chair (2000 to present)

Illinois Section of ACOG (IS-ACOG)

2012 - Present Advisory Committee
2011 - 2012 Program Chair - Fall Conference - Chicago, IL

Iowa Osteopathic Medical Association (IOMA)

2013 - 2014 Keynote Speaker - Byron Laycock, DO Memorial
1986 - 1987 Student Representative - Board of Directors

Federation of State Medical Boards (FSMB)

2021 FSMB HOD - observer
2018 - 2020 Professional Boundary Violation Task Force member (*AOA representative*)

Osteopathic Physicians and Surgeons of California (OPSC)

2010 - 2012 Speaker - OPSC Convention Women’s Health Topics
1989 - 1990 Intern Member
1985 - 1989 Student Member

PROFESSIONAL ACHIEVEMENTS / AWARDS

December 2021 Castle Connolly Top Doctor Obstetrics & Gynecology (15 years) - Chicago, IL
2019 - 2020 ACOG - *Educator of the Year Award*
2016 - 2017 AOA - *Guardian of the Profession*
2015 - 2016 Medical Education Foundation of the American College of Osteopathic Obstetricians and Gynecologists (MEFACOOG) - *Commendation for Meritorious Service*
2014 - 2015 ACOOG - *Distinguished Service Award*
2011 - 2012 *Distinguished Service to Osteopathic Profession Award*
2021 Featured in Chicago’s Magazine “Top Doctor” 2010, 2012, 2013, 2014, 2016, 2017, 2018, 2019, 2020, 2021
2010 - 2011 AOA Mentor of the year - *ACOOG Nominee*
2010 - 2011 Outstanding Achievement Award - MWU – CCOM Alumni Association
2009 - 2010 AOA Mentor of the year - ACOOG Nominee
2006, 2008 AOA Mentor of the Year – AOA nominee
2004 - 2010 Who’s Who in America’s Top Doctors (Chicago, Illinois)

2003 - 2004	Physician of the Year - Chicago Police Academy
2001 - 2002	Physician of the Year Award - IOMS
2000 - 2001	Outstanding Service Award - IOMS
1999 - 2000	Distinguished Service Award - IOMS
2000 - 2001	Distinguished Alumnus of the Year Award - DMU COMS National Alumni Association
1999 - 2000	Distinguished Service Award - DMU COMS National Alumni Association
1999 - 2000	Life Member of the National Registry of Who's Who
1993 - 1994	Department OB/GYN Administrative Leadership Award - Mercy Hospital and Medical Center
1992 - 1994	AOF - Burroughs Wellcome - Resident Leadership Award
1988 - 1989	AOA Outstanding Service and Leadership Award
1988 - 1989	Stephen Bufton Memorial Education Fund
1988 - 1989	UOMHS National Alumni Assn. Student Leadership and Service Award
1987 - 1989	American Business Women's Assn. Scholarship (Local and State Recipient)
1986 - 1989	AACOM – Council of Student Council Presidents (CSCP) Leadership Recognition Award
1986 - 1988	UOMHS Student Council Award for Outstanding Service
1985 - 1986	Merck Sharp & Dohme SOMA Scholarship for Community Health Service
1985 - 1986	Outstanding Young Women of America Award
1984 – 1985	American Dietetic Association - Recognized Young Dietitian of the Year

RESEARCH AND LECTURES PRESENTED

Research projects (current):

Pregnancy outcomes and vaccine effectiveness during the period of Omicron as the variant of concern: the INTERCOVID-2022 multinational study (currently ongoing)

Principal Investigator - Ascension Resurrection Medical Center, Chicago, IL

Uncovering Gaps in Management of Vasomotor Symptoms – Hubka, T; Koh, D; Crim, A; Kim, J

Principal Investigator/Advisor of Resident and Student Research

Presented at Kenneth Suarez Research Symposium 2021

Presenting at OMED (ACOOG Annual Meeting) – Boston, MA October 2022

Improving Medical Student Knowledge in Obstetrics and Gynecology Clerkship Rotations - Hubka, T; Nguyen, N; Hernandez, F; Roberts, R; Patel, J

Principal Investigator/Advisor of Resident Research:

Presented at Kenneth Suarez Research Symposium 2020

The Effects of Diversity on Resident and Medical Student Wellness - Hubka, T; Hockensmith, K

Principal Investigator/Advisor of Student Research:

Presented at Kenneth Suarez Research Symposium 2020 – 2021

Submission to APGO Research Forum - Abstract 2020 - 2021

Unresolved Ectopic Pregnancy with Abdominal Implants: A Case Report

Tara Davis, DO, Angelica Lorenzo, OMS-4, Teresa Hubka, DO

Submission to APGO Research Forum - Abstract 2015 – 2016

A Review of the Etiology, Pathogenesis, Diagnosis and Treatment of Pelvic Inflammatory Disease – Lenkeit, Bandla, Hubka, Collaboration among MWU – Chicago College of Osteopathic Medicine - Department of Ob/Gyn, Department of Microbiology and Immunology, Basic Science Division.

Impact of Vancomycin use in pregnant rats and its effects on the pups

Elucidation of fetal and maternal vancomycin-induced kidney injury using a pregnant rat model

Collaboration with MWU Chicago College of Pharmacy (CCP) – Chang, Hlukhenka, Pais, Zhang, Lamar, Avedissian, Gulati, Prozialeck, Scheetz, Hubka, Griffin and Joshi

OMM in optimizing the pre and post-op patient

Collaboration with OMM Fellow at MWU - CCOM

Integrating the teaching of Osteopathic Principles and Treatments in Ob/Gyn residency training and practice

COSTIN Scholar Program Research Project

MWU/OPTI: Department of Ob/Gyn: Advisor and Reviewer of Senior resident research projects

2011 - 2012 *“Assessing the Need for Cord Blood Donation Kits in the Labor and Delivery Unit”*

Swedish Covenant Hospital, Chicago, IL– Dr. Anne Merrick

2010 - 2011 *“Does Lubricant Jelly Interfere with ROM Determination?”*

Swedish Covenant Hospital, Chicago, IL– Dr. Brad Logston

2004 - 2006 ***“Pregnancy Outcomes utilizing OMM in various trimesters of pregnancy”***
CWC / Midwestern University Dept OMM (Advisor to J. Lavallo OMM Fellow)

Hubka - Personal Study Projects:

1992 - 1994 ***“Vaginal Birth After Cesarean Section (VBAC) Scoring System: Effectiveness in Identifying Success Rates”***
Mercy Hospital and Medical Center, Chicago, IL - Hubka

1983 - 1984 ***“Nutritional Management of Pre-Menstrual Syndrome”***
PMS Clinic, San Diego, CA - Hubka

1982 - 1984 ***“Identification and Treatment of Eating Disorders”***
Alvarado Hospital Rehabilitation Institute, San Diego, CA - Hubka

Guest Lectures:

2019 New York Society of Osteopathic Medicine (NYSOM)
AOA Updates & Inauguration of Incoming NYSOM President and BOT

Dec 2018 Illinois Osteopathic Medical Society - AOA Update

2018 American College of Osteopathic Emergency Physicians (ACOEP) - Board Review Course
Emergency Disorders in Obstetrics & Gynecology

2010, 2016 - 2018 American College of Osteopathic Emergency Physicians (ACOEP) – Annual Meeting
Abnormal Uterine Bleeding
Double Trouble: Obstetrical Emergencies in the First Trimester
Menorrhagia: A Dilemma for the Emergency Clinician

Oct 2017 American Osteopathic Academy of Orthopedics (AOAO)
AOA Strategic Plan Update and Affinity Program on behalf of Immediate Past President Norm Vinn

Apr 2018 New York State Osteopathic Medical Society (NYSOMS)
AOA strategic Update on behalf of President Mark Baker, DO

2016 – 2018 *AOA Updates on Single Accreditation System and the New GME and Osteopathic Continuous Certification* on behalf of
AOA President Boyd Buser and President-elect Mark Baker to:
American Osteopathic Anesthesiology Association (AOAA)
West Virginia Osteopathic Medical Society (WVOMS),
Minnesota Osteopathic Medical Association (MOMA)
CREOG/APGO Annual Conference (2017 & 2018)

Mar 2017 ACOOG 84th Annual Conference
AOA Strategic Update on behalf of AOA President Boyd Buser, DO

Apr 2016 ACOOG 83rd Annual Conference
AOA Presidential Welcome Address on behalf of Boyd Buser, DO - AOA President-elect

Mar 2016 CREOG/APGO Annual Conference – New Orleans
“What is uniquely Osteopathic about AOA/ACOOG Programs?”

Apr 2015 ACOOG 82nd Annual Conference – OMT Workshop

2014 - Present Midwestern University CCOM Simulation Lab
Developed the curricular content and Simulation Lab Modules for 3rd-year Clerkship to include: Surgical scrub,
gowning, suturing, knot tying, and Laparoscopic simulation; Noelle Obstetrical normal and abnormal delivery;
draping for breast, pelvic, and general woman’s exam, Foley Cath placement; ultrasound simulation of
gynecologic and obstetric patients

2013 - 2014 Iowa Osteopathic Medical Association (IOMA)
Keynote address - Byron Laycock Memorial Speech

2009 - 2012 MWU: Ward E. Perrin, DO Clinical Refresher Courses
Current Topics in Gynecology and Primary Care

Sep 2010 ACOOG Midyear Conference, Chicago, Illinois:
“Nuts and Bolts of IUDs
”
”

Oct 2010 AOA Unified Convention/ACOOG Presentation, San Francisco, CA
“Trends in Hormone Therapy and Menopause”

Aug 2010 American College of Osteopathic Family Physicians (ACOFP) – Representative to the Chinese Delegation
“Specialty Physicians working with Primary Care Physicians”

Apr 2010 Student National Medical Association Osteopathic Schools Convention, Chicago, Illinois
“The DO Difference”

2007 - 2008 COSTIN Scholars Research Project
“Implementation of OMM in Residency Training”

2007 – 2009 Ward E. Perrin Clinical Refresher Course
“HPV Prevention: A Legislative Update”
“Current Trends in Menopause and Hormone Therapy”
“Gynecological Updates: Influenza Vaccination in Pregnancy (Risks or Benefits)”

2007 AOF – Heart to Heart International: Collaborative trip to China to educate sub-specialty physicians to provide primary care.
“The Relationship Between the Specialist and Generalist Physician”
“Neonatal Resuscitation – proper equipment and procedures”
“Postpartum Hemorrhage – Emergency Care of the Pregnant Patient”
“Primary Care of the Female Patient”
“Ultrasound Techniques to evaluate Uterine Fibroids and Risks in Early Pregnancy” - Grand Rounds:

2006 - Present	<u>Midwestern University</u> - Various topics for the weekly lecture series for students and residents
2008	"Postpartum Hemorrhage"
2008	"Obstetrical Emergencies"
2008	"Menopause and Current Treatment"
2007	"Prenatal Screening and Genetic Testing"
2007	"OMM in Women's Health"
2006 - 2015	Clinical Integration Systems (CIS) "Obstetrics and Gynecology"
2006, 07, 08, 09	ACOGG Midyear Conference – Workshop "Utilization of OMT in Women's Healthcare"
2006, 07	AROC Convention "Female Sexuality"
2005, 06, 07, 08	OPSC State Convention "Female Sexual Dysfunction" "Postpartum Depression" "Menopause and Sexuality"
2005	AOA Unified Convention "Women's Heart Health: GO RED FOR WOMEN"
2005	OPSC State Convention "'Go Red for Women' – CVD in women - heart health awareness"
2002, 2005	ACOGG Midyear meeting "Professional Liability Insurance Reform - its effect on women's health - What's Happening on Capitol Hill?"
2004	OPSC State Convention "Vaginal Delivery of Medications – Nuva Ring"
2003	IOMS State Convention "Contraceptive Options"
2002	IOMS State Convention "Physician's Physical Health"
2001	Emerging States Leadership Conference "How to Become a Strategic Leader Within and Outside of Your Organization"
2001	AOA National Osteopathic Medicine Week Women's Health Symposium, St. Louis, MO "Postpartum Mood Disorders"
2000 - 2001	Dr. Edward Crown Women's Lifestyle Lecture Series, Chicago, IL "Delights of Midlife"
2000 – 2001	Illinois Arbitrator and Commissioners of Disability Claims, Chicago, IL "What is a D.O?"
2000 - 2001	AOA NOM Week Guest Lecturer, Chicago, IL "Family Health: The Osteopathic Approach"
1999 - 2000	IOMS Mid-Year Meeting, Presenter, Chicago, IL "Sexuality in Teens"
1995 - 1999	Midwest Adolescent Health Conference, Chicago, IL.
1997	Bodywise International - Physician's Professional Seminar on Clinical Nutrition, Irvine, CA
1994 - 1996	DePaul University, Chicago, IL "Medical concerns of women"
1995	Salvatore's Restaurant, Chicago, IL "Hormones and the Female Life Cycle"
1995	Mercy Hospital Women's Board, Chicago, IL "Menopause Healthy, Happy and Naturally"
1985 - 1987	Drake University, Des Moines, IA "Addressing Medical Concerns of Women"

Grand Rounds:

2018	<i>Ectopic Pregnancy – Work-up and Management</i>
2015	<i>Cervical Cerclage vs Progesterone Therapy in Patients with a History of Preterm Delivery</i>
2013	<i>Clinical Updates in STIs</i>
2012	<i>The Importance of Placentation – A Case of Vasa Previa</i>
1994	<i>The Safety and Efficacy of Tocolytic Agents for the Treatment of PTL</i>
1993	<i>Hysterectomy: Surgical Options</i>
1992	<i>Recurrent Abortion-Etiology and Management</i>
1991	<i>Hyperprolactinemia and Galactorrhea - Evaluation and Therapy</i>

Courses / Lectures:

2006 - 2015	MWU Clinical Integration of Systems (CIS) – Obstetrics and Gynecology
1990 - 1992	ARC Venture/Flex Review Course (OB/GYN section), Rush-St. Luke Hospital, Chicago, IL
1980 - 1985	Executive Health and Fitness Program, San Diego Sports Medicine Center, San Diego, CA

PUBLICATIONS

Book Chapters

Apr 2015 **Association of Professors in Gynecology and Obstetrics (APGO): Medical Student Educational Objectives 10th Edition** - Contributing Author for Chapter 10 Osteopathic Evaluation

Journal Articles

Oct 2011 **Journal of the American Osteopathic Association (JAOA) – Supplement on adult immunization**
 “*Immunizations in Pregnancy*” TA Hubka, DO and P. Wisner, DO

2004 - 2006 **American Osteopathic Association: “WOMEN AND WELLNESS” Series**
 Topics: *Menopause*
 Osteoporosis
 Women’s Heart Health
 Irritable Bowel Syndrome
 Inflammatory Bowel Disease
 Female Sexuality
 Sexual Dysfunction
 Women’s General Health Evaluation
 Primary Care of the Female Patient

MAJOR TEACHING RESPONSIBILITIES

2005 - Present **Department Chair** - Midwestern University Faculty Development and Clerkship / Elective Site selection, expansion, and oversight of 3rd and 4th-year students’ core and elective Ob/Gyn clerkship locations
Faculty development and recognition

2005 - Present **Clinical Course Director** - MWU: Curriculum development and lectures for 3rd-year clerkship didactics and simulation skills, Oversight of course objectives and expectations, Outcomes review and evaluation.
4th-year osteopathic medical student electives in Ob/Gyn - Curriculum and development of subspecialty exposure and training

2005 - Present **Advisor - Student Osteopathic Obstetrics and Gynecology Association (SOOGA)** – an affiliate of ACOOG National Student Society. Advisory role to student leadership. Guides club meetings, reviews special projects and disseminates materials from ACOOG/MEFACOOG to club leadership for travel grants and special projects.

1997 - Present **Preceptor** - Comprehensive Wellness Care, LLC: Precept and provide hands-on experience and personalized training of osteopathic medical students every four weeks.

2013 - Present **Preceptor** - Comprehensive Wellness Care, LLC: Family Medicine Residents (AMITA-Resurrection and AMITA- Saint Mary’s & Elizabeth Medical Center) every four weeks. Resident didactics, lectures, simulations, and skills labs (in addition to Administrative and Management duties)

EDITORIAL BOARDS

2017 Journal Annals of Clinical Case Reports
2016 Journal of Gynecology and Obstetrics Forecast

ADVISORY BOARDS

2019- Present **IPROMOTE – IL**: Illinois Maternal Health Task Force: Innovations to Improve Maternal Outcomes in Illinois.
Task Force created to promote maternal/fetal health in Illinois by recognizing disparities in healthcare and reducing maternal/fetal morbidity and mortality.
Illinois Maternal Mortality (Root cause)
Breast Feeding Initiatives
Overdose Review Initiatives

2021 - 2023 Astellas – Expert Speaker Training

2020 - 2021 Abbvie - Professional Consultant
Uterine Disorders - National Steering Committee

2019, 2021 Healthcare Advisors Bureau

2015 Prolia® Women’s Health Scientific Advisory Board

MEDICAL EXPERT REVIEWER

2019 - Present Expert Consultant, Medical/Legal Clinical Cases

HUMANITARIAN WORK

Jan 2017 AAFP - Advanced Life Support Obstetrics (ALSO) - Travel to India
Teaching clinical skills in obstetrical emergencies to physicians, residents, medical students, nurses, and EMTs.

Mar 2009 AOF and *DO Care* - Travel to Guatemala
Opening of new (permanent) *DO Care* Clinic

May 2007

AOF & Heart To Heart International Team - Travel to China
Global Initiatives on Educating Chinese Physicians on Neonatal Resuscitation and Care of the Female Patient

CIVIC AND COMMUNITY INVOLVEMENT

2012 to Present	Toast Masters International
2003 - 2008	Alphonsus Academy - "Art and Soul" Annual Fundraising Committee
2010 - Present	Toastmasters - Lakeview
1998 - Present	Member - Friends of the Zoo, Lincoln Park Zoo, Chicago, IL
1997 - Present	Donor - Misericordia Home, Chicago, IL
1996 - 2006	Imperial Nursing Home, Chicago, IL - Lecturer to nursing staff regarding patient care
1996 - 2000	Deborah's Place, St. Alphonsus Church, Chicago, IL - Women's Health Advisor
1996 - 1997	Member - Chairman's Roundtable Major Gifts McGaw YMCA, Evanston, IL -
1992 - Present	Participant - Y-Me Breast Cancer Campaign Fund Raiser, Chicago, IL
1990 - Present	Member - Lincoln Park Chamber of Commerce, Chicago, IL
1990 - Present	Participant - DePaul University Health Fairs, Chicago, IL
1989 - 1993	Volunteer Health Educator - Alphonsus Academy & Center for the Arts, Chicago, IL

SPECIAL INTERESTS

PROFESSIONAL

- Patient and Medical Education
- Public Speaking
- Osteopathic Principles and Philosophy
- Nutrition and Fitness
- Global Humanitarian Healthcare Complimentary and Integrative Medicine

PERSONAL

- Fitness and Exercise
- Spatial Design and Decorating
- Travel
- Entertaining and Vegetarian Gourmet Cooking